

# TransAmerica Bike Trail

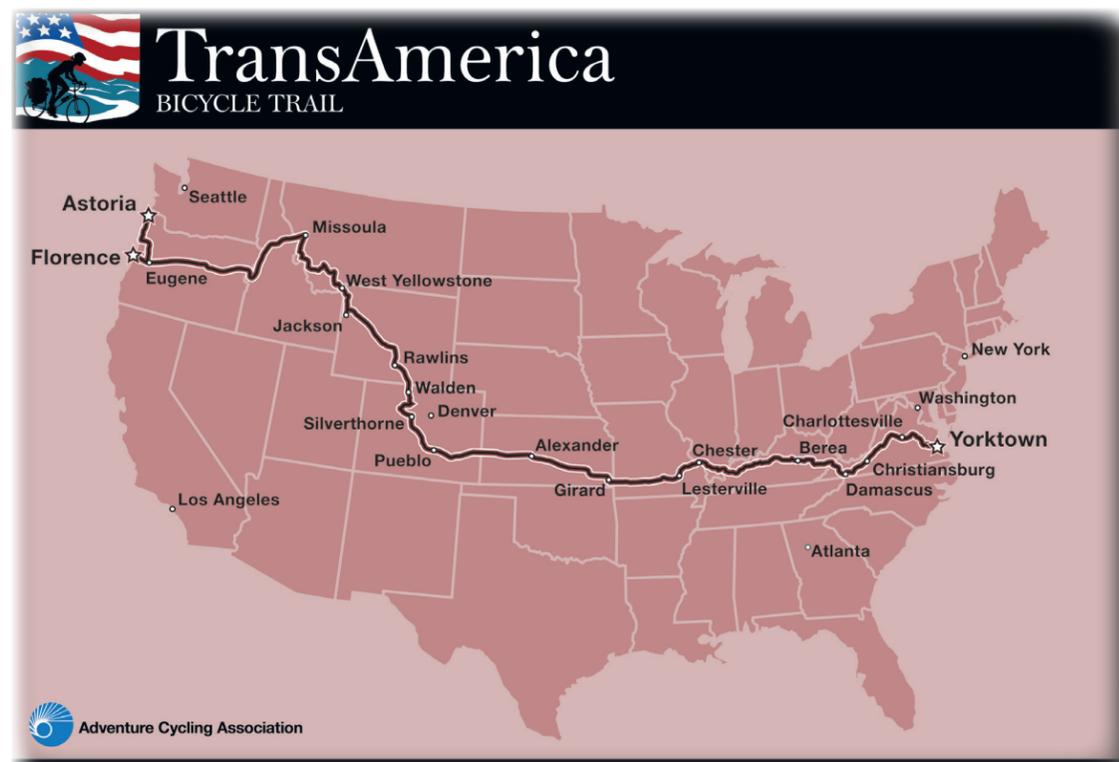
In 1976, the Adventure Cycling Association established the TransAmerica Trail as part of the United States bicentennial celebration. The Route 76 bike trail runs from Astoria, Oregon, to Yorktown, Virginia, and covers 4,262 miles.

It is still the greatest and most used route for bicyclists crossing America. They enjoy ocean coastline, lush forests, high desert, mountain passes, snow capped peaks,

sweeping vistas, expansive plains, fertile farmlands, rolling hills, and wide rivers. Experts suggest bicyclists allow at least three months for the crossing. Some traverse the route quicker, but have less time for sight-seeing. The route can be ridden safely from May through September. Bicyclists celebrate beginning and completing the ride by ceremoniously dipping their front wheel into the York River here on the waterfront.



*Richard Nehring of Iowa completed the TransAmerica Trail on September 18, 2009.  
Photo courtesy of Sara E. Lewis.*



*Trail Map courtesy of Adventure Cycling Association.*

