

# SENIOR CENTER of YORK

# FEBRUARY 2026



The Senior Center of York will be open Monday through Friday, 9 am to 4:30 pm. Please call the Senior Center to register or register online. All activities are FREE unless otherwise noted. **Registration opens on the first day of each month.** Limited Space. For ages 55 and up.

## SPECIAL EVENTS THIS MONTH

### **AARP** TAX-AIDE

**TUESDAY, WEDNESDAY, FRIDAY, & SATURDAYS  
FEBRUARY 3 - APRIL 15 • 9 AM - 1 PM**

It's tax time again. Participants can make appointments when they pick up a packet at the Senior Center during the above dates and times. Please bring last year's tax returns and all current information to the appointment.

### CHAIR YOGA

**TUESDAY & THURSDAY • FEBRUARY 10 - MARCH 12  
12:30 - 1:30 PM**

Stretching, proper breathing, and movements that reduce stress and bring overall health. **The fee is \$55.**

### *Monday Movie:* The Wedding Planner

**MONDAY, FEBRUARY 9 • 1 PM**

We invite you to enjoy the romantic comedy "The Wedding Planner", presented by the York County Library at the Senior Center. This story tells of a meticulous wedding planner who is unlucky in love, but is saved in a near accident by someone she first sees as a potential groom.

### **Diamond Art Bookmarks**

**MONDAY, FEBRUARY 9 & THURSDAY, FEBRUARY 26  
10 AM - 12 PM**

Participants will have fun designing their own bookmark as they select from a lovely variety of choices such as flowers and animals. Please sign up for only one session as space and supplies are limited.

### VALENTINE'S DAY BINGO

**WEDNESDAY, FEBRUARY 11 • 1 PM**

Join us for a great time with this special bingo celebration! Fun, friends, food, and prizes.

**Register by February 9 - Space is Limited!**

### DANCER-CISE

**THURSDAY, FEBRUARY 12 - MARCH 12 • 2:30 - 3:30 PM**

Have fun exercising while enjoying simple dance movements that energize you and make you smile. Fee is \$30.

### TRACEN BAND

**THURSDAY, FEBRUARY 12 • 6 PM**

Join us for a lovely evening of music with the TRACEN Band. The band consists of local senior citizen musicians and active-duty U.S. Coast Guard personnel, including instructors, administrators, and students training at the U.S. Coast Guard Yorktown Training Center.

### *FEBRUARY BIRTHDAY BASH*

**FRIDAY, FEBRUARY 13 • 1 PM**

Enjoy the melodious sounds of Soloist Billy Mitchell as he performs your all time favorites. Friendly reminder, you do not have to be celebrating a birthday to join in on the fun.

### **Book Club**

**FRIDAY, FEBRUARY 20 • 1 PM**

The next book club meeting will be held to discuss interests and explore ideas for this new activity.

### February Craft

**MONDAY, FEBRUARY 23 • 10 AM**

Come take part in a surprise February Craft with Kathy Wahl. Please register as space and supplies are limited.

### Hampton History Museum Outing

**WEDNESDAY, FEBRUARY 25 • Departs at 8:30 AM**

Explore four centuries of the city's history through intriguing galleries and exhibits. This year marks America's 250th anniversary of independence. The Revolutionary Hampton 250 exhibit will be highlighted to commemorate Hampton's role in the celebration.

**Fee is \$10 & Lunch on your own at restaurant**

### **LINE DANCING: UPPER BEGINNER**

**MONDAY, MARCH 2 - 30 • 11:15 AM - 12:15 PM**

Refresh your memory of older dances and learn some new ones with Cindy. **The fee is \$30.**

# CALENDAR OF EVENTS

## FEBRUARY 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
<b>2</b>	9:00-9:45 9:30 10:00-10:45 10:00-3:00 11:15-12:15 11:30-1:30 1:00-3:00	Body Renewal National Mahjong Body Renewal Quilting Up Beg Line Dancing War Stories & Pizza Knitting	<b>3</b>	9:00-1:00 9:30-10:15 10:00-12:00 10:00-1:30 10:00-1:00 10:45-11:30 12:30-1:30 1:00-4:15 2:00-4:00	AARP Tax Aide Body Renewal Art Time Dining Club Bridge Body Renewal Chair Yoga Canasta Tech Tuesday	<b>4</b>	9:00-1:00 9:00-9:45 10:00 10:00-10:45 1:00-4:00	AARP Tax Aide Body Renewal National Mahjong Body Renewal Board Games	<b>5</b>	9:15 9:30-10:15 10:00-3:00 10:45-11:30 12:30-1:30 1:00-3:00 1:30-4:00 2:30-3:30	Mahjong WP Body Renewal Quilting Body Renewal Chair Yoga Canasta Classic Country Jamming Dancer-cise	<b>6</b>	9:00-1:00 10:00-1:30 10:00-1:00 10:30-3:30 1:00-2:00 2:30 3:30-4:30	AARP Tax Aide Dining Club Bridge Hand & Foot Line Dancing Group Open Ping-Pong Adult Coloring
<b>9</b>	9:00-9:45 9:30 10:00-10:45 10:00-12:00  10:00-3:00 11:15-12:15 1:00 1:00-3:00 2:00-4:00	Body Renewal National Mahjong Body Renewal Diamond Art Bookmarks Quilting Up Beg Line Dancing Monday Movie Knitting Recipe Workshop	<b>10</b>	9:00-1:00 9:30-10:15 10:00-12:00 10:00-1:00 10:00-1:30 10:45-11:30 12:30-1:30 1:00-4:15	AARP Tax Aide Body Renewal Art Time Bridge Dining Club Body Renewal Chair Yoga Canasta	<b>11</b>	9:00-1:00 9:00-9:45 10:00 10:00-10:45 1:00 1:00-4:00	AARP Tax Aide Body Renewal National Mahjong Body Renewal Valentine's Day Bingo Board Games	<b>12</b>	9:15 9:30-10:15 10:45-11:30 12:30-1:30 1:00-3:00 1:00 1:30-4:00  2:30-3:30 6:00	Mahjong WP Body Renewal Body Renewal Chair Yoga Canasta Bingo Classic Country Jamming Dancer-cise TRACEN Band	<b>13</b>	9:00-1:00 9:00-9:45 10:00-10:45 10:00-1:00 10:00-1:30 10:30-3:30 1:00 2:30 3:30-4:30	AARP Tax Aide Body Renewal Body Renewal Bridge Dining Club Hand & Foot Birthday Bash Open Ping-Pong Adult Coloring
<b>16</b>			<b>17</b>	9:00-1:00 9:30-10:15 10:00-1:30 10:00-12:00 10:00-1:00 10:45-11:30 12:30-1:30 1:00-4:15	AARP Tax Aide Body Renewal Dining Club Art Time Bridge Body Renewal Chair Yoga Canasta	<b>18</b>	9:00-1:00 9:00-9:45 10:00 10:00-10:45 1:00-4:00	AARP Tax Aide Body Renewal National Mahjong Body Renewal Board Games	<b>19</b>	9:15 9:30-10:15 10:45-11:30 12:30-1:30 1:00-3:00 1:45- 4:15 2:30-3:30	Mahjong WP Body Renewal Body Renewal Chair Yoga Canasta Karaoke Dancer-cise	<b>20</b>	9:00-1:00 9:00-9:45 10:00-10:45 10:00-1:00 10:00-1:30 10:30-3:30 1:00 1:00-2:00 2:30 3:30-4:30	AARP Tax Aide Body Renewal Body Renewal Bridge Dining Club Hand & Foot Book Club Line Dancing Group Open Ping-Pong Adult Coloring
<b>23</b>	9:00-9:45 9:30 10:00-10:45 10:00 10:00-3:00 11:15-12:15 11:30-1:30 1:00-3:00	Body Renewal National Mahjong Body Renewal February Craft Quilting Up Beg Line Dancing War Stories & Pizza Knitting	<b>24</b>	9:00-1:00 9:30-10:15 10:00-12:00 10:00-1:00 10:00-1:30 10:45-11:30 12:30-1:30 1:00-4:15	AARP Tax Aide Body Renewal Art Time Bridge Dining Club Body Renewal Chair Yoga Canasta	<b>25</b>	8:30  9:00-1:00 9:00-9:45 10:00 10:00-10:45 1:00-4:00	Hampton History Museum Outing AARP Tax Aide Body Renewal National Mahjong Body Renewal Board Games	<b>26</b>	9:15 9:30-10:15 10:45-11:30 10:00-12:00  12:30-1:30 1:00-3:00 1:00 1:30-4:00  2:30-3:30	Mahjong WP Body Renewal Body Renewal Diamond Art Bookmarks Chair Yoga Canasta Bingo Classic Country Jamming Dancer-cise	<b>27</b>	9:00-1:00 9:00-9:45 10:00-10:45 10:00-1:00 10:00-1:30 10:30-3:30 2:30 3:30-4:30	AARP Tax Aide Body Renewal Body Renewal Bridge Dining Club Hand & Foot Open Ping-Pong Adult Coloring

### UPCOMING EVENTS

- **TUESDAY, MARCH 3 · 8 AM - 2 PM**  
**Community Forum on Aging**  
*Presented by Peninsula Agency on Aging*
- **Dirty Dancing | Ferguson Center Outing**
- **Hampton Air & Space Museum Outing**

### Inclement Weather?

**Call the weather hotline number at 890-3501**; once connected, dial extension 36# to listen to any special opening or closing updates for the Senior Center or call (757) 890-3444.