

SENIOR CENTER of YORK

AUGUST 2025



The Senior Center of York will be open Monday through Friday, 9 am to 4:30 pm. Please call the Senior Center to register or register online. All activities are FREE unless otherwise noted. Registration open until 4 days prior to each event unless otherwise noted. Limited Space. For ages 55 and up.

SPECIAL EVENTS THIS MONTH

Diamond Art Flower Tote

MONDAY, AUGUST 4, 11, & 18 • 6 - 8 PM

Create a beautiful 12" x 14" Diamond Art Flower tote with Patty Peck. Space and supplies are limited. **The fee is \$20.**

Newcomer Coffee Hour

MONDAY, AUGUST 11 • 10 AM

New patrons are invited to have a cup of coffee with us and learn about the Center with current board members.

HEALTH DAY: Slips, Trips, & Falls...Be Prepared

FRIDAY, AUGUST 15 • 11 AM

A fall can happen suddenly and anywhere—but being prepared can save your life. Jaime Smiley with Benchmark Solutions will discuss tips on how to help minimize falls and provide tools to apply in case a fall does occur.

Monday Movie WICKED

MONDAY, AUGUST 18 • 1 PM

Please join us for "Wicked", an American Musical Fantasy directed by Jon M. Chu. Set in the Land of Oz, the story of Elphaba, a young woman ridiculed for her green skin, and Glinda, a popular girl, become friends at Shiz University. After encountering the Wizard of Oz, their friendship comes to a crossroads. Brought to you by the York County Library.

GAME NIGHT

TUESDAY, AUGUST 19 • 5:30 - 7:30 PM

Let's get together and have some fun with game night. Get ready to roll some dice in an evening of friendly competition. Please register for this event.

AUGUST BIRTHDAY BASH

WEDNESDAY, AUGUST 20 • 1 PM

Enjoy a fun and swingin' time with "Frank Sings Frank." Frank Cubillo will take you right back to the days of yesteryear and Frank Sinatra. As a friendly reminder, you do not have to be celebrating a birthday to join us for the fun.

August Craft

MONDAY, AUGUST 25 • 10 AM - 12 PM

Transform ordinary seashells into beautiful decorative pieces using the art of decoupage. Susan and Michele will facilitate this fun activity. Registration Required. Space and supplies are limited.

LINE DANCING: UPPER BEGINNER

**MONDAY, AUGUST 25 - SEPTEMBER 29*
11:15 AM - 12:15 PM**

Refresh your memory of older dances and learn some new ones with Cindy. *No class on September 1. **The fee is \$30.**



TUESDAYS, AUGUST 26 & SEPTEMBER 2 • 12:30 - 4:30 PM

Join us for these two Tuesdays for safety training. The cost for this two-day session is \$20 for members and \$25 for non-members. Payments should be cash or check.

Jefferson Hotel Afternoon Tea in Richmond

FRIDAY, SEPTEMBER 12 • 12 - 2 PM

The afternoon tea menu includes assorted finger sandwiches, pastries, cakes, scones, and two flavors of hot tea. Transportation will be provided and we'll depart from the Center around 10 am. Space is limited. **The fee is \$75.**

NORFOLK ZOO OUTING

WEDNESDAY, SEPTEMBER 17 • 8 AM

Have a fascinating experience at the zoo—more than 700 exceptional animals representing over 150 species. The Virginia Zoo has demonstrated a commitment to saving and protecting the world's wildlife and is recognized as a global leader in education, recreation, science, and more. Space is limited.

The fee is \$15 for those 62 & Above.

28TH ANNUAL SENIOR SAFETY SUMMIT

"Empowering Seniors for a Safe & Resilient Future"

TUESDAY, OCTOBER 7 • 8 AM - 1 PM

Join Peninsula Seniors and Law Enforcement Together (SALT) at Northside Christian Church for a morning focused on Senior Safety. Speakers across the state will share information to help seniors stay safe. Enjoy resource exhibitors, a grab-and-go breakfast, a box lunch, and door prizes. Registration opens August 25. **The fee is \$7.**

CALENDAR OF EVENTS

AUGUST 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MARK YOUR CALENDAR: <i>Lancaster, PA Trip</i> OCTOBER 21 - 23, 2025 3 DAYS - 2 NIGHTS See Front Desk for more details.								1 9:00-9:45 Body Renewal 10:00-10:45 Body Renewal 10:00-1:30 Dining Club 1:00-2:00 Line Dancing Group 2:30 Open Ping-Pong 3:30-4:30 Adult Coloring	
4 9:00-9:45 Body Renewal 9:30 National Mahjong 10:00-10:45 Body Renewal 10:00-3:00 Quilting 11:15-12:15 Up Beg Line Dancing 1:00-3:00 Knitting 6:00-8:00 Diamond Art Flowers Tote	5 9:30-10:15 Body Renewal 10:00-12:00 Art Time 10:00-1:30 Dining Club 10:45-11:30 Body Renewal 1:00-3:00 Canasta 2:00-4:00 Tech Tuesday	6 9:00-9:45 Body Renewal 10:00 National Mahjong 10:00-10:45 Body Renewal 1:00-4:00 Board Games	7 9:15 Mahjong WP 9:30-10:15 Body Renewal 10:00-3:00 Quilting 10:45-11:30 Body Renewal 1:00-3:00 Canasta 1:30-4:00 Classic Country Jamming 2:30-3:30 Dancer-cise	8 9:00-9:45 Body Renewal 10:00-10:45 Body Renewal 10:00-1:30 Dining Club 2:30 Open Ping-Pong 3:30-4:30 Adult Coloring					
11 9:00-9:45 Body Renewal 9:30 National Mahjong 10:00-10:45 Body Renewal 10:00 Newcomer Coffee Hour 10:00-3:00 Quilting 11:15-12:15 Up Beg Line Dancing 1:00-3:00 Knitting 2:00-4:00 Recipe Workshop 6:00-8:00 Diamond Art Flowers Tote	12 9:30-10:15 Body Renewal 10:00-1:30 Dining Club 10:00-12:00 Art Time 10:45-11:30 Body Renewal 1:00-3:00 Canasta 6:00-8:00 Diamond Art Flowers	13 9:00-9:45 Body Renewal 10:00 National Mahjong 10:00-10:45 Body Renewal 1:00-4:00 Board Games	14 9:15 Mahjong WP 9:30-10:15 Body Renewal 10:45-11:30 Body Renewal 1:00 Bingo 1:00-3:00 Canasta 1:30-4:00 Classic Country Jamming	15 9:00-9:45 Body Renewal 10:00-10:45 Body Renewal 10:00-1:30 Dining Club 11:00 Slips, Trips, & Falls 1:00-2:00 Line Dancing Group 2:30 Open Ping-Pong 3:30-4:30 Adult Coloring					
18 9:00-9:45 Body Renewal 9:30 National Mahjong 10:00-10:45 Body Renewal 11:15-12:15 Up Beg Line Dancing 1:00 Monday Movie 1:00-3:00 Knitting 6:00-8:00 Diamond Art Flowers Tote	19 9:30-10:15 Body Renewal 10:00-1:30 Dining Club 10:00-12:00 Art Time 10:45-11:30 Body Renewal 1:00-3:00 Canasta 5:30-7:30 Game Night	20 9:00-9:45 Body Renewal 10:00 National Mahjong 10:00-10:45 Body Renewal 1:00-4:00 Board Games 1:00 Birthday Bash	21 9:15 Mahjong WP 9:30-10:15 Body Renewal 10:45-11:30 Body Renewal 1:00-3:00 Canasta 1:45-4:00 Karaoke	22 9:00-9:45 Body Renewal 10:00-10:45 Body Renewal 10:00-1:30 Dining Club 2:30 Open Ping-Pong 3:30-4:30 Adult Coloring					
25 9:00-9:45 Body Renewal 9:30 National Mahjong 10:00-10:45 Body Renewal 10:00-12:00 August Craft 10:00-3:00 Quilting 11:15-12:15 Up Beg Line Dancing 1:00-3:00 Knitting	26 9:30-10:15 Body Renewal 10:00-1:30 Dining Club 10:00-12:00 Art Time 10:45-11:30 Body Renewal 12:30-4:30 AARP: Driver Safety 1:00-3:00 Canasta	27 9:00-9:45 Body Renewal 10:00 National Mahjong 10:00-10:45 Body Renewal 1:00-4:00 Board Games	28 9:15 Mahjong WP 9:30-10:15 Body Renewal 10:45-11:30 Body Renewal 1:00 Bingo 1:00-3:00 Canasta 1:30-4:00 Classic Country Jamming	29 9:00-9:45 Body Renewal 10:00-10:45 Body Renewal 10:00-1:30 Dining Club 1:00-2:00 Line Dancing Group 2:30 Open Ping-Pong 3:30-4:30 Adult Coloring					