

# Virginia Cooperative Extension, FCS Family Focus James City County Al's Pals Program

For ages 3 to 5 (must be 3 by August 31<sup>st</sup>)

**VCE-FAMILY  
FOCUS**

**October 1, 2024  
through  
May 22, 2025**

**VCE, Family Focus  
Our Saviour's  
Lutheran Church  
7479 Richmond Rd.  
Williamsburg, VA  
23188**

**\$50.00 PER MONTH\***

\*Cash or Checks payable to VCE-JCC  
(There is a \$50 return check fee)  
Scholarships available

*Supported by the Virginia  
Department of Social Services  
Family Violence Prevention  
Program grant. Additional  
funding is provided by Private and  
Civic Charitable Contributions and  
by Revenue provided by Program  
Participants*



**Al's Pals: Kids Making Healthy Choices** is a comprehensive, age-appropriate curriculum that uses puppetry, play, and song to teach children how to express feelings appropriately, gain self-control, accept differences, solve problems peacefully, and keep themselves safe & healthy.

Join us twice a week for this drop-off program on:  
**Tuesdays and Thursdays** from  
**1:30 p.m. – 3:00 p.m.**  
to make healthy choices and meet new friends.



**Enrollment is Required:**

Call (757) 564-2173 and leave a message.  
Class is limited to 10 children.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact James City County Unit at 757/564-2170/TDD\* during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 10 days prior to the event. \*TDD Number (800) 828-1120.

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