



# Persons With Functional Needs & Support Services

## Set Up a Personal Support Network

Designate someone to check on you in an emergency and to help with evacuation or sheltering-in-place.

## Heads-Up Program

Offered by York County is a program designed to alert emergency responders of medical conditions and history while they are en-route to assist you and or a loved one. The program is voluntary and requires you and/or a family member to complete a detailed Heads-Up form so that your information can be entered into the database. Once entered, emergency dispatchers are notified of the Heads-Up status based upon the telephone where the 911 call originates. This program allows dispatchers to begin delivering emergency medical dispatch instructions without the delay of having to obtain a lengthy patient history and allows responder to have information about the patient prior to arrival.

**HELP FIRST RESPONDERS HELP YOU MORE EFFECTIVELY**

### Register for Heads Up

- Pre-existing conditions
- Wheelchair confinement
- Sensory impairment
- Other important medical information



## Medical Information Card (MIC)

Prepare and carry with you a MIC, the York County Department of Fire and Life Safety provides these and File of Life packets. These cards will help you communicate and emergency responders better understand your past medical history if you are found unconscious or incoherent. Include information about your medications, adaptive equipment, blood type, allergies and sensitivities, insurance numbers, immunization dates, communication difficulties and preferred treatment, as well as contact information for your health providers, personal support network and emergency contacts.

## Personal Care Assistance

If you receive assistance from a home healthcare agency or in-home support provider, find out how the provider will respond in an emergency. Designate backup or alternative providers that you can contact in an emergency.

## **For Persons Using a Wheelchair**

Plan for how you will evacuate in an emergency and discuss it with your care providers. If you use a motorized wheelchair, have a manual wheelchair as a backup.

## **For Persons Who Are Blind or Visually Impaired**

Keep an extra cane by your bed. Attach a whistle; in case you need to attract attention. Exercise caution when moving, paths may have become obstructed.

## **For Persons Who Are Hearing Impaired**

Keep extra batteries for your hearing aids with emergency supplies. Consider storing your hearing aids in a container attached to your nightstand or bedpost, so you can locate them quickly after a disaster.

## **For Persons With Communication Disabilities**

Store paper, writing materials, copies of a word or letter board and pre-printed key phrases in your emergency kit, your wallet, purse, etc.