

Television, Radio Movies

Name one of the original correspondents on the CBS Show "60 Minutes."

Answer: Harry Reasoner, Mike Wallace

Bonus Question: Late in the evening, your friend remembers that she left a shopping bag in the trunk of her car. You know that the area outside her home is not well lit. What do you suggest that she do?

Answer: Use a flashlight when walking in unlit areas.

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Television, Radio Movies

In this 1960 movie, a slave is sold to a gladiator and leads a revolt against the Roman Empire. What is the movie?

Answer: Spartacus

Bonus Question: Your friend had her smoke alarms installed years ago and wonders if the one alarm she has in the hallway is all she needs for that floor.

Answer: Have smoke alarms installed outside of each sleeping area, on every level of your home and in each bedroom. Have someone test the smoke alarms once a month by pushing the test button. Make sure everyone in the home can hear the smoke alarm.

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Television, Radio Movies

In 1966 Hollywood adopted an age-based rating system. What were the four movie ratings?

Answer: G, PG, R, X

Bonus Question: Your friend likes to smoke in bed while she is watching her evening TV. programs. what do you advise her to do?

Answer: Tell her to smoke outside and use a large deep ashtray, wet cigarette butts before throwing them out or bury them in the sand.

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Famous People

In 1940, the Pulitzer Prize went to this author for the Grapes of Wrath.

Answer: John Steinbeck

Bonus Question: Your sister complains that she stubs her toe when she gets up in the middle of the night for the bathroom because she can't see where she is going. What do you tell her?

Answer: Use nightlights to light the path between the bedroom and bathroom.

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Famous People

During the baby boom, parents turned to one pediatrician whose book gave advice on how to raise children. Who was the author?

Answer: Dr. Benjamin Spock

Bonus Question: At a family gathering, your uncle slips on the stairs, but catches himself with the railing. He is wearing loose-fitting sandals. What do you tell him?

Answer: Wear closed-in, sturdy, well-fitted, low-heeled shoes with non-slip soles.

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Famous People

He was the first American to fly into space.

Answer: Alan Shepard

Bonus Question: Your friend says her smoke alarms haven't been checked in over a year because her husband has gotten sick and used to do that. What do you say to her?

Answer: Have smoke alarms checked once a month. Ask a younger friend or relative to check them for you, using the test button.

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Famous People

He painted many images of Campbell's Soup cans and Marilyn Monroe.

Answer: Andy Warhol

Bonus Question: Your roommate likes to get on the telephone while she is cooking and has burned many pans as a result. What do you tell her?

Answer: Never leave cooking unattended. If a pan of food catches fire, slide a lid over it and turn off the burner.

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History and Geography

Signed into law by Franklin Roosevelt in 1940, this Act established the first peace-time draft in U.S. history.

Answer: The Selective Training and Service Act of 1940.

Bonus Question: While you are spending the weekend at your cousin's house you step into the shower and notice that she does not have a mat on the shower floor. What do you tell her?

Answer: To avoid falls, use non-slip mats in the bathtub and on shower floor. Have a grab bar professionally installed on the wall next to the bathtub, shower, and toilet.

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History and Geography

Which president renamed this presidential retreat “Camp David” after his grandson?

Answer: President Dwight D. Eisenhower.

Bonus Question: Your friend shows you a couple of old scatter rugs her aunt gave her when she was cleaning out the garage. You notice they have no backing on them. What do you say to her?

Answer: Use only throw rugs with rubber, non-skid backing.

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History and Geography

Inventor Edwin Land introduced what kind of camera in the late 1940s, ushering in the age of instant photography?

Answer: Polaroid.

Bonus Question: Your sister says she doesn't need to practice her escape drill because she already knows how to get out. What do you say?

Answer: It is important to plan and practice your escape from fire. Know two ways out of each room and make sure windows and doors open easily. In a fire, get out and stay out.

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History and Geography

These boots were named for the teenage dancers on 1960s television who wore them. Name the boots.

Answer: Go-Go Boots

Bonus Question: Your brother, who lives in a duplex, says if he has an emergency, all he has to do is call his neighbor. The neighbor is always there at night when he's not working. How do you respond?

Answer: Know your local emergency number. It may be 9-1-1 or the fire department's phone number. Once you've escaped from fire, call the fire department from a neighbor's phone.

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History and Geography

How old was Dwight D. Eisenhower when he was elected president?

Answer: 62

Bonus Question: Your sister-in-law says that if her house caught on fire, she'd grab all of her photo albums on the way out. How do you respond to this?

Answer: If a fire breaks out in your home, get out immediately and stay outside. Don't stop to pick up items. Call the fire department from a neighbor's home.

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History and Geography

What meeting of world powers near the end of World War II is often said to mark the beginning of the Cold War?

Answer: The Yalta Conference

Bonus Question: At your brother's house you notice that a handrail is missing in one of the stairways. What do you say to him?

Answer: Have the handrail reinstalled immediately. Easy to grip handrails should run the length of both sides of the stairs. Also stairways should be well lit from top to bottom.

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History and Geography

What conflict was known as "The War to End All Wars?"

Answer: World War I

Bonus Question: Your friend has a habit of leaving his keys and important documents in the pathway leading to the door so he won't forget them the next day. What safety advice do you give him?

Answer: Keep the walking areas and stairs clear of clutter.

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History and Geography

This information technology company invented the floppy disk.

Answer: IBM (International Business Machines Corp.)

Bonus Question: Your friend says that when he jumps out of bed in the morning to turn off the alarm clock he feels lightheaded. What can he do to stay safe?

Answer: Take your time. Being rushed or distracted increases your chances of falling. Sit a moment before getting out of bed. Plug in the alarm clock closer to the bed.

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History and Geography

What country was U.S. General Douglas MacArthur referring to when he famously proclaimed in 1942, "I shall return"?

Answer: The Philippines

Bonus Question: Your friend says she feels lightheaded when she gets out of bed in the morning. What do you tell her?

Answer: Take your time. Being rushed or distracted increase your chances of falling. Get out of bed and out of chairs slowly. Stand and get your balance before you walk.

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History and Geography

In which war did the most U.S. service people die?

Answer: World War II

Bonus Question: Your neighbor keeps his house cluttered and half the time he doesn't know where the phone is. What do you say to him?

Answer: Have a telephone in your bedroom where you can find it and post the emergency number in a clear spot in case you are trapped by fire.

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History and Geography

This country is the fifth largest auto manufacturing nation and is home of Hyundai Kia Automotive Group.

Answer: South Korea

Bonus Question: Your friend continues to wear her high heels although you have seen her stumble in them several times. What do you say to her?

Answer: Wear sturdy, well-fitted, low-heeled shoes with non-slip soles. These are safer than high heels.

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History and Geography

Memorial Day was founded to honor military personnel who died in which war?

Answer: The Civil War

Bonus Question: Your friend says she just moved into an apartment and is having trouble getting in and out of the tub because she has nothing to hold on to. What do you suggest?

Answer: Have grab bars professionally installed next to the bathtub, shower, and toilet.

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History and Geography

In what American city is the Gateway Arch located?

Answer: St. Louis

Bonus Question: Your friend is considering joining an older adult exercise class, but can't decide whether or not she has the time. What do you advise him?

Answer: Take time to exercise. Regular exercise builds strength and improves balance, which could reduce the chances of falling. Suggest that he talk to his doctor about the best physical exercise for her.

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History and Geography

In what country will you find Mount Kilimanjaro?

Answer: Tanzania

Bonus Question: Your friend says that if her clothes catch on fire, the first thing she will do is call 9-1-1. How do you respond?

Answer: Stop, drop, and roll if your clothing catches fire. Stop, don't run. Drop gently to the ground, cover your face with your hands and roll over and over to smother the flames. If you can't do that, smother the flames with a towel or blanket.

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History and Geography

For the first time in 1962, a city reached a population over 10 million. What city was it?

Answer: Tokyo

Bonus Question: While visiting your sister, you notice the only footwear she has on as she walks around the house is a pair of socks. What do you suggest?

Answer: Wear sturdy, well-fitted, low heeled shoes with non-slip soles. These are safer than high heels, thick-soled athletic shoes, slippers, or stocking feet.

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History and Geography

In what state is the Ozarks Mountain Range?

Answer: Arkansas

Bonus Question: When your friend is babysitting her grandchildren, toys are all over the house and you have to step carefully when you visit. What do you say to your friend?

Answer: Keep stairs and walking areas free of toys and other items that present a tripping and falling hazard.

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Music

After World War II, the LP, or long play record was introduced. There was also another type of record available, known for breaking easily. What was it called and why?

Answer: A 78. It revolved 78 times per minute on the player.

Bonus Question: Your brother is fond of wearing track shoes around the house. What do you say to him?

Answer: Wear sturdy, well-fitted, low heeled shoes with non-slip soles. These are safer than high heels, thick-soled athletic shoes, slippers, or stocking feet.

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Music

“Leaving on a Jet Plane” was a 1969 hit for Peter, Paul, and Mary. Who wrote it?

Answer: John Denver

Bonus Question: Your friend just purchased a new entertainment center and she placed it in front of one of the living room windows. What do you say to her?

Answer: Know two ways out of every room in your home. Make sure windows and doors open easily. In a fire, get out and stay out.

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Music

Who had a 1966 hit with the song, “What Becomes of the Brokenhearted”?

Answer: Jimmy Ruffin

Bonus Question: Your friend gets up in the middle of the night to let the dog out, but doesn’t want to turn on the lights for fear of waking up everyone else in the house. What do you say to her?

Answer: Use a night light or flashlight to light your path.

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Music

What were “The Supremes” originally known as?

Answer: The Primettes

Bonus Question: You notice that lately your friend has been squinting. She refuses to get glasses because of vanity. What do you say?

Answer: See an eye specialist once a year. Poor vision can increase your chances of falling. Improve the lighting in your home. Use a night light to light the path between your bedroom and bathroom.

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Music

This 1970s song by Led Zeppelin is the most requested and played song on FM radio in the United States.

Answer: Stairway to Heaven

Bonus Question: Your friend recently had her nephew over to paint all the moldings around her windows to match her new décor. What do you suggest to her?

Answer: Know two ways out of every room. Make sure windows and doors open easily.

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Music

What father and daughter duo recorded “Somethin’ Stupid” in 1967?

Answer: Frank and Nancy Sinatra

Bonus Question: When your friend is cooking, you notice that she spills liquids on the floor. She says she will wipe it up after she’s finished. What do you say?

Answer: Wipe up spilled liquids right away.

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Music

Name the three rock and roll musicians killed February 3, 1959, “The Day the Music Died.”

Answer: Buddy Holly, Ritchie Valens, and JP “The Big Bopper” Richardson

Bonus Question: Your friend who smokes uses a bottle cap to flick the ashes. What do you suggest?

Answer: Use a deep-dish ashtray. Wet cigarette butts and ashes before emptying ashtray into a wastebasket.

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Music

Who had a 1960s hit that was “Dedicated to the One I Love”?

Answer: The Mamas and the Papas

Bonus Question: Your neighbor insists that his smoke alarm only needs to be checked once a year. What do you say to him?

Answer: Test smoke alarms once a month by using the test button.

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Music

Pat Boone, famed 1950s crooner, is the great, great, great, great grandson of this famous American.

Answer: Daniel Boone

Bonus Question: Your friend doesn’t like to miss his t.v. shows while he is cooking, so he goes back into the den periodically while he is preparing food on the stove. What do you say to him?

Answer: Tell him to never leave cooking unattended.

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Famous People

The name of his 1961 novel has come to mean, a no-win situation in which a desired outcome is impossible because of illogical rules?

Answer: Joseph Heller, Catch 22

Bonus Question: Your friend is visiting you when your granddaughter comes home from school with a Sparky fire escape grid to make a home escape plan. Your friend has never heard of an escape plan. What do you tell him?

Answer: People need to make an escape plan. You can Use a grid to do that.

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Famous People

What Chicago-born Italian American sang the 1950's hits, "I Believe," "Mule Train," and "That Lucky Old Sun?"

Answer: Frankie Laine

Bonus Question: On cold winter nights, your cousin likes to roll the space heater right up to her bed, so that the sheets are warm when she gets in. What do you tell her?

Answer: Give space heaters space. Keep them at least three feet away from anything that can burn, including you. Turn them off when you go to sleep or leave the house.

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Famous People

Which astronaut in 1962 circled the earth three times in the "Friendship 7," later became a U.S. senator, and returned to space in 1998?

Answer: John Glenn

Bonus Question: Your friend says she's felt stiff lately so she tends to sit in her chair most of the day reading or watching television. What do you say to her?

Answer: Suggest that she talk to her doctor about beginning an exercise program because exercise can help build strength and improve coordination.

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Famous People

Question: Whose real name was Samuel Clemens?

Answer: *Mark Twain*

Bonus Question: Your friend tells you she disassembled the smoke alarm because it sounded when she was cooking. What do you suggest to her?

Answer: *Don't disable smoke alarms even temporarily. If your smoke alarm is sounding nuisance alarms, try relocating it further from the kitchen or install an alarm with a delay button.*

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Sports

Question: Which three-time world champion figure skater won an Olympic gold medal in 1968?

Answer: *Peggy Fleming*

Bonus Question: You've noticed your son cooking at the stove while he's wearing a necktie without a tie clip. What do you tell him?

Answer: Wear close-fitting clothing because loose clothing can dangle onto stove burners and catch fire.

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Music

Question: Before she teamed up to travel with Bobby McGee, where was Janis Joplin waiting for a train?

Answer: *Baton Rouge*

Bonus Question: Your friend likes to smoke and have several drinks in her easy chair late at night. What do you tell her?

Answer: *Don't smoke if you're drowsy, feeling the affects of alcohol or medication, or lying down.*

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Movies

Question: What movie catapulted the then 12-year-old Elizabeth Taylor into stardom?

Answer: *National Velvet*

Bonus Question: Your friend accidentally painted the windows shut in her home when she made some home improvements. What do you tell her?

Answer: Make sure all home escape routes are clear and that doors and windows can open easily.

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Geography

Question: Which theme park covers 46 square miles, making it twice the size of Manhattan?

Answer: *Disney World*

Bonus Question: Your friend says her house is so cold; she brings the space heater within inches of the bed so she can warm up. What do you tell her?

Answer: *Space heaters should be kept at least three feet away from anything that can burn.*

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Sports

Question: What heavyweight boxing champion knocked out Floyd Patterson twice in the first round, then lost the title to Muhammad Ali (then Cassius Clay) in 1964?

Answer: *Sonny Liston*

Bonus Question: You witness your friend removing the batteries from the smoke alarm so he can put them into the TV remote control. What do you say to him?

Answer: *Never borrow a battery from a smoke alarm. A smoke alarm can't warn you if it's disabled.*

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Geography

Question: Which is the only state in the United States to have just one syllable?

Answer: *Maine*

Bonus Question: Your brother-in-law stops by for a visit and since you don't smoke, he uses a bottle cap to flick his ashes. What do you do?

Answer: *Have a large, deep, non-tip ashtray available.*

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Movies

Question: What Broadway musical did actor Paul Robeson perform the song, "Ol' Man River?"

Answer: *Showboat*

Bonus Question: You stop by your neighbor's house and notice the welcome mat on the porch is hanging partway off the landing, blocking the view of the first step. What do you say?

Answer: *Use throw rugs and welcome mats with non-skid backing. Smooth out all wrinkles and folds in your rugs, mats, and carpets.*

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Radio and Television

Question: What was the longest running TV western?

Answer: *Gunsmoke*

Bonus Question: You notice your friend stacks the mail on the steps leading to the second floor of her home. What do you say?

Answer: *Keep stairs and walking areas free of magazines, mail, and other clutter.*

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Music

Question: Which Cuban-born singer was in a motor vehicle crash that injured her spine? After recovering she returned to the charts with a concept album, *Into the Light*.

Answer: *Gloria Estefan*

Bonus Question: You've tripped and fallen a few times trying to walk around the clutter piled in the hallway. What should you do to prevent falling again?

Answer: *Give yourself plenty of space. Pick up the clutter. Always keep objects out of walkways and stairs to avoid tripping.*

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Movies

Question: Name at least two movies Miami-born actor Sydney Poitier starred in.

Answer: *Lilies of the Field, To Sir with Love, In the Heat of the Night, Guess Who's Coming to Dinner, For Love of Ivy, They Call Me Mr. Tibbs!*

Bonus Question: You're picking your friend up for lunch and she greets you at the door wearing a pair of platform flip flops her granddaughter gave her. What do you suggest?

Answer: *Wear sturdy, well-fitted, low-heeled shoes with non-slip soles. They're safer than high heels, thick-soled athletic shoes, slippers, or stocking feet.*

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Radio and Television

Question: Name at least two stars from the *Golden Girls* sitcom.

Answer: *Bea Arthur (Dorothy), Estelle Getty (Sophia), Rue McClanahan (Blanche), and Betty White (Rose)*

Bonus Question: Your friend has a new bathtub installed in her home, but you think the tub surface looks very slippery. What do you suggest?

Answer: *Use non-slip bath mats to prevent slips and falls.*

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Radio and Television

Question: What popular 1960s TV series starred a marine animal?

Answer: *Flipper*

Bonus Question: How often should you have your eyes examined?

Answer: *See an eye specialist once a year. Poor vision can increase your chance of falling.*

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Movies

Question: What box office failure became an enormous success on TV and is now shown every holiday season?

Answer: *It's a Wonderful Life*

Bonus Question: Your friend wants to test her smoke alarms each month, but doesn't want to fall while testing them. What do you suggest?

Answer: *Test smoke alarms monthly by pushing the test button with a stick or broom handle.*

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