


YORK-POQUOSON SHERIFF'S OFFICE	GENERAL ORDERS
SUBJECT: Drug Abuse Resistance Education Program (D.A.R.E.)	NUMBER: GO 2-18B
EFFECTIVE DATE: February 1, 2018	REVIEW DATE: December 12, 2018
AMENDS/SUPERSEDES: GO 2-18B, February 1, 2003	APPROVED:  Sheriff
VLEPSC: ADM.20.01, OPR.04.01, OPR.04.04	

1 **INDEX WORDS**

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3 [D.A.R.E.](#)

4 Elementary School D.A.R.E.

5 Middle School D.A.R.E.

6 York D.A.R.E. Association

7

8 **POLICY**

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10 The Drug Abuse Resistance Education (D.A.R.E.) “[keepin’ it REAL](#)” Program is a nationally

11 recognized, scientific based program for children in kindergarten through twelfth grade.

12 D.A.R.E. represents a collaborative effort between school and law enforcement personnel.

13 D.A.R.E. America nationally coordinates the Program with input from state and local agencies

14 and communities. D.A.R.E. is a law enforcement officer led series of classroom lessons that

15 teaches students how to resist peer pressure and live productive drug and violence-free lives.

16 D.A.R.E. lessons focus on providing tools for good decision making to live healthy lifestyles and

17 become productive citizens.

18

19 **PURPOSE**

20

21 The purpose of this order is to outline procedures for delivery of the D.A.R.E. (Drug Abuse

22 Resistance Education) Program.

23

24 **PROCEDURES**

- 25
- 26 • Target Groups
 - 27 ○ The York-Poquoson Sheriff’s Office will provide the following programs to the
 - 28 residents of York County when applicable and as funds allow:
 - 29 ▪ [Elementary School D.A.R.E. Program;](#)
 - 30 ▪ [Middle School D.A.R.E. Program;](#)
 - 31 ▪ High School 3D Driving Drunk and Distracted Program;
 - 32 ▪ Visitation Lessons;
 - 33 ▪ Community Workshops and Programs.
 - 34
 - 35 • D.A.R.E. Officer
 - 36 ○ Maintains training and certification in the D.A.R.E. Program.
 - 37 ○ Develops, implements and coordinates the York-Poquoson Sheriff’s Office D.A.R.E.
 - 38 Program.

- 39 ○ Acquires and reviews updated program materials.
- 40 ○ Consults with law enforcement officers, supervisors, and school personnel to enhance
- 41 program.
- 42 ○ Establishes a working relationship with other local, state, and federal government and
- 43 non-government agencies to exchange information and plan prevention activities.
- 44 ○ Establishes and maintains contact and reports D.A.R.E. Program statistical data to
- 45 Virginia State D.A.R.E. Coordinator.
- 46 ○ Coordinates D.A.R.E. Program funding with the York D.A.R.E. Association.
- 47 ○ Attends national, state, and local training conferences.
- 48 ○ Provides assistance to the Crime Prevention Program, as required.
- 49 ○ Acts as a resource with respect to preventing delinquency.
- 50 ○ Mentors students, as required, and provides individual counseling when appropriate.
- 51 ○ Provides guidance on ethical issues in the classroom setting and explains to students
- 52 the law enforcement role in society.
- 53
- 54 ● Deputy Sheriffs
- 55 ○ All Deputy Sheriffs are responsible for promoting the D.A.R.E. Program and its goals
- 56 and missions.
- 57 ○ As needed, Deputy Sheriffs may be assigned to assist with various D.A.R.E. Program
- 58 functions in the community.
- 59

60 **FORMAL EDUCATION PROGRAMS**

- 61
- 62 ● Elementary Program
- 63 ○ The D.A.R.E. “Keepin’ it REAL” Elementary School curriculum uses the D.A.R.E.
- 64 decision-making model practice of Define/Assess/Respond/Evaluate.
- 65 ○ The curriculum, based on the Social Emotional Learning Theory (SEL), identifies
- 66 fundamental, basic skills and developmental processes needed for healthy
- 67 development including:
- 68 ■ Self-awareness and management;
- 69 ■ Responsible decision making;
- 70 ■ Understanding others;
- 71 ■ Relationship and communication skills;
- 72 ■ Handling responsibilities and challenges.
- 73 ❖ D.A.R.E. believes that if you can teach students to make safe and responsible
- 74 decisions, it will guide them to healthy choices, not only about drugs, but also
- 75 across all parts of their lives.
- 76 ❖ As they grow to be responsible citizens, they will lead healthier and more
- 77 productive drug-free lives.
- 78 ❖ The course’s 10 lessons are arranged in a scaffolding process, starting with the
- 79 basics about responsibility and decision making and then building on each
- 80 other allowing students to develop their own responses to real life situations.
- 81 ❖ The very first lesson starts with responsibility and introduces decision making
- 82 with subsequent lessons applying these skills in increasing complex ways to
- 83 drug use and other choices in their lives.
- 84

- 85 • Middle School Program
- 86 ○ The D.A.R.E. Middle School Program teaches students how to live drug-free lives
- 87 confidently, drawing on the strengths of the students, their families, and communities.
- 88 ○ Like the elementary school curriculum, the acronym “REAL” is the central message
- 89 of the curriculum and teaches students four ways to refuse drug offers — Refuse,
- 90 Explain, Avoid, and Leave. These strategies help students stay away from drugs by
- 91 preparing them to act decisively and responsibly in difficult situations.
- 92 ○ The 10-lesson middle-school curriculum is highly interactive, involves multiple
- 93 media materials that students find engaging, and, like the elementary school
- 94 curriculum, is based on Social Emotional Learning Theory (SEL) principles that fit
- 95 well with current research and practice in teaching middle school students.
- 96
- 97 • Kindergarten through fourth grade (K-4) visitation lessons, are available as time permits.
- 98 ○ A D.A.R.E. Officer can visit classes in lower grades to introduce students to the
- 99 D.A.R.E. concept.
- 100 ○ There are 15-20 minute lessons available to cover various topics.
- 101
- 102 • High School Program
- 103 ○ The D.A.R.E. Office, along with other Sheriff’s Deputies, offers the 3D-Driving
- 104 Drunk and Distracted Program to one York County High School each year.
- 105 ○ The purpose of the 3D Program is to vividly demonstrate the life changing
- 106 consequences of driving under the influence and texting while operating an
- 107 automobile.
- 108 ○ This is an intense visual dramatization involving a mock crash scene, a mock ER
- 109 trauma visit along with a courtroom scene.
- 110
- 111 • Community Relations Programs and Events
- 112 ○ The D.A.R.E. Program sponsors and participates in various community events
- 113 throughout the County.
- 114

115 **YORK DARE ASSOCIATION**

- 116
- 117 • York D.A.R.E. Association and the York-Poquoson Sheriff’s Office provide The
- 118 D.A.R.E. Program to students in York County through mutual partnership of cooperation
- 119 and understanding.
- 120 ○ The York D.A.R.E. Association is a non-profit 501 (C) 3 Organization.
- 121 ○ The Board consists of members from within the community,
- 122 ○ The mission of the organization is to support, conduct fund raising events, and
- 123 generate volunteers for the York-Poquoson Sheriff’s Office D.A.R.E. Program.