

SENIOR CENTER of YORK



**CLOSED FEBRUARY 15
PRESIDENTS' DAY**

REGISTER ONLINE NOW!

Pre-registration is required for all activities due to Virginia Guidelines on phased openings.
Registration open until 4 days prior to each event. Please call the Senior Center to register or register online.
All activities are **FREE** unless otherwise noted. **LIMITED SPACE.**

Mondays



February
1, 8 & 22
1 - 3 pm
Suite 3



February
1, 8 & 22
9 am - 12 pm
Suite 3

AARP® TAX-Aide

FREE Tax Service offered by AARP.

This year this program will be done by **appointments only**.
To schedule an appointment, please call 869-6535.
Appointments will be held at the Tabb Library.

Tuesday/Thursday

BODY Renewal

LIMITED SPACE

COST: \$25

This is a fun and invigorating group exercise with sitting and standing movements. Pre-registration is required.

Tuesdays & Thursdays

February 9 - March 4

10:45 - 11:30 am • Suite 4

February CRAFT

Cure the winter blues with a bright, floral 5 x 7 acrylic painting with Kathy Wahl.

Thursday, February 11

10 am • Suite 3

Recreating Responsibly: Social Distancing • Face Mask Required • Temperature Checks • Wellness Surveys

5314 George Washington Memorial Highway • Yorktown, VA

Senior Center: 757-890-3444 • Parks & Recreation: 757-890-3500 • www.yorkcounty.gov/parksandrec

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Knitting Quilting	2 Body Renewal Matter of Balance	3	4 Body Renewal Matter of Balance	5
8 Knitting Quilting	9 Body Renewal Matter of Balance	10 Art Time Bingo	11 February Craft Body Renewal Matter of Balance	12 February Birthday Bash
15 President's Day CLOSED	16 Body Renewal Matter of Balance	17 Ping Pong	18 Body Renewal Matter of Balance	19 Culture Day "History Lesson to Remember"
22 Knitting Quilting	23 Body Renewal Matter of Balance	24 Art Time Bingo	25 Body Renewal Matter of Balance	26

Wednesday

LIMITED SPACE

February
10 & 24

1 pm - 3 pm • Suite 3

Pre-registration is required and participants
can sign up for **ONE** date only.



February 10 & 24
10 am - 12 pm
Suite 3



February 17
10 am & 11 am
Suite 3

Friday

**BIRTHDAY
BASH**



with Dan Smith

Enjoy the entertainment of Dan Smith.
Mr. Smith will sing and play keyboards to many
of the "Top 40" tunes that we know and love.

February 12
1 pm • Suite 3



**A
HISTORY
LESSON
TO
REMEMBER**

Culture Day, "A History Lesson to Remember"

February 19 • 1 pm

Join us as *Dr. Rebertha Pope-Matthews* presents her
innovative, written project through the power of spoken
word "We Remember 1619." This project, accompanied by
an electrifying musical track, highlights the contributions
of African Americans to America from 1619 to 2020.
Dr. Pope-Matthews finds joy in her performances that
are designed to be historical, cultural, and empowering.