

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD OF DIRECTORS MEETING  
Wednesday, February 13, 2019

1. Call to Order

Carol Scott, Chairperson, called the meeting to order at 10:00 a.m.

2. Roll Call

Dee Davis, Secretary, conducted the roll call.

Board members present: Lynda Bush, Arlene Connell, Viana Dail, Dee Davis, Brian Fuller, Nancy Geary, Bill Massey, Tom McNamara, Buck Rodgers, Carol Scott, Cynthia Slominski, Betty Titus

Board members not present: Cheryl Nelson Barnard

Staff members present: Lynne McMullen, Minnie Sippio, Gerald Patesel

Staff members not present: none

3. Approval of Minutes

Brian Fuller made a motion to accept the January 2019 board minutes. Arlene Connell made a second motion. All board members present approved the minutes.

4. Financial Reports

A. Peninsula Agency on Aging

Bill Massey and Gerald Patesel provided copies of the monthly financial report from the PAA. Expenditures were as usual.

B. Senior Center of York

Arlene Connell, Treasurer, presented an overview of the SCY fiscal report for January activity. Ms. Connell noted deposits to the bank account for

donations and cookbook sales. A motion was made by Brian Fuller to approve the Treasurer's report and Buck Rodgers made a second motion.

## 5. Committee Reports

### A. Center Facility Operations

Tom McNamara reported that temperature controls for the facility needed adjustment. A request to service is being made.

### B. Programs

Carol Scott reported there were 1,374 patron visits in January 2019. AARP continues to teach the Driver Safety Program at the SCY. The Valentine Bingo event has a full registration of participants. The monthly Craft program had to be canceled due to the instructor's illness. "Memories of Old Time Radio" presented by historian Frank Green is scheduled for February 20<sup>th</sup>. This month's Birthday Bash will feature Billy Mitchell performing a medley of love songs and classic tunes. The *War Stories and Pizza* group started a new session with 9 participants and is open to 3 more regular attending veterans. *Bored Board Games*, a new activity at the SCY had 16 game players to enjoy the afternoon. Several board members would like to have another afternoon of board games scheduled in the future. The *Spring Fundraiser* is scheduled for March 30 and will begin accepting donations for the White Elephant portion on February 19<sup>th</sup>.

### C. Health Programs

Minnie Sippio reported on health programs. The SCY *Dining Club* served 96 meals in January and provided 75 take home meals for when Dining Club does not meet. Board members requested that an article be put in the *Observer* to describe the Dining Club, and the process to become a participant. *A Matter of Balance* has 16 participants. On February 27, staff from the Orthopedic and Spine Center will present information on managing pain from peripheral neuropathy. April 19 is the *Health and Safety Fair* at the Senior Center of York. April 3<sup>rd</sup> is the *Health Conference for Seniors* in Williamsburg. The Coalition on Aging is planning the Williamsburg conference that will feature Barbara Hamm Lee, host of "Another View," call in talk show is the keynote speaker. Topics included in this conference are: food and herbs for health, sleep, AARP, CBD and other holistic alternatives.

### D. Peninsula Agency on Aging

Bill Massey reported that twenty Peninsula residents went to Richmond to advocate for senior services before the legislature. Bill Massey and others met with the Governor, Attorney General and Health and Human Resources committee to identify needs of seniors and their caregivers. Major needs identified were affordable housing, in-home care, and transportation. The annual PAA *Forum on Aging* is March 6<sup>th</sup> at the Hampton Convention Center where more participants and parking can be accommodated. Brochures describing this event and registration are available at the SCY. May 18 is the *Senior Ball Gala*, celebrating the 45<sup>th</sup> anniversary of PAA. This event is a fundraiser and group table seating can be reserved.

E. York County

Brian Fuller reported on the process of the County of York budget planning committee meetings, and their presentations to citizens in the County. The first week in May the County budget will be adopted. Winter *Cabin Fever* concerts at the Freight Shed are drawing a large crowd. Spring program planning is underway. The *Summer Concert Series* is held from June through August.

6. Old Business

- A. Valentine Bingo set up is Thursday afternoon and cookie plating is Friday morning. A few board members volunteers are needed.
- B. The *Drawing Committee* for the SCY Spring Fundraiser reported on their progress. Tickets will be available soon.
- C. The annual *Picnic in the Park* is scheduled for May 17<sup>th</sup>. Freedom Rental has been secured to set up tables and chairs for the event.
- D. Our annual tea is scheduled for April 17 with the Mariners Museum presenting on the topic of spices.
- E. York County IT department is reviewing of the *Virtual Reality* program with the various destinations.

7. New Business

- A. Several *Trips* are being planned and coordinated by staff at the SCY. *The Temptations and Four Tops* performance is full, tickets are available now for a March 25<sup>th</sup> stage production of the *King and I*, the *Jersey Boys* matinee performance is April 27 and an evening with *Vicky Lawrence* is May 23<sup>rd</sup>.
- B. Intergenerational programming at the SCY continues to be discussed.
- C. AARP Tax Aide will be provided at the Center now until April 13. The schedule is posted.

8. Information

- A. The York County Historical Museum is seeking docents. A meeting discussing this is at York Hall on February 27.

9. Announcements

- A. *Kindness Week* is being appreciated at the SCY.
- B. Buck Rodgers requested time to speak to board members regarding concerns for the long-term future of the Senior Center of York. Mr. Rodgers has begun attending County committee meetings to learn more.

The next SCY Board Meeting is scheduled for Wednesday March 13, 2019. A motion to adjourn for today was made by Lynda Bush and the second motion made by Buck Rodgers. Meeting adjourned at 11:25 a.m.

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD OF DIRECTORS MEETING  
Wednesday, March 13, 2019

1. Call to Order

Carol Scott, Chairperson, called the meeting to order at 10:03 a.m.

2. Roll Call

Dee Davis, Secretary, conducted the roll call.

Board members present: Cheryl Nelson Barnard, Lynda Bush, Arlene Connell, Viana Dail, Dee Davis, Tom McNamara, Buck Rodgers, Carol Scott, Cynthia Slominski, Betty Titus

Board members not present: Brian Fuller, Nancy Geary, Bill Massey

Staff members present: Lynne McMullen, Minnie Sippio, Gerald Patesel

Staff members not present: none

3. Approval of Minutes

Viana Dail made a motion to accept the February 2019 board minutes. Lynda Bush made a second motion. All board members present approved the minutes.

4. Financial Reports

A. Peninsula Agency on Aging

Gerald Patesel provided copies of the monthly financial report from the PAA. Expenditures were as usual.

B. Senior Center of York

Arlene Connell, Treasurer, presented an overview of the SCY fiscal report for February activity. A motion was made by Betty Titus to approve the Treasurer's report and Cheryl Nelson Barnard made a second motion.

## 5. Committee Reports

### A. Center Facility Operations

Tom McNamara reported finding a hole in the dry wall of Suite 4. A request to service is being made.

### B. Programs

Carol Scott reported there was 1786 patron visits in February 2019. AARP continues to teach the Driver Safety Program; the next will take place on Monday the 11<sup>th</sup> and Tuesday the 12<sup>th</sup>. AARP free tax service continues through April 13<sup>th</sup>. The March Craft program is a "make and take" painted clover pin. This month's Birthday Bash will feature Irish and Celtic sing-alongs led by Mike Steen, Director of Education at the Watermen's Museum. A special addition to the Birthday Bash will be ice cream donated by Ben and Jerry's. St. Patrick's Day and spring celebrations will continue for Culture Day with Bob and Jeanne Zentz. The *War Stories and Pizza* group had 12 attendees at their last monthly meeting with two participants from the WWII era. A new fitness activity is being introduced at the SCY. Michael Wilcox, with York County Parks and Recreation will demonstrate how to play Pickle ball on March 28.

### C. Health Programs

Minnie Sippio reported on health programs. The SCY *Dining Club* served 109 meals in February and provided 64 following day take home meals. Mrs. Sippio will have an article in the April *Observer* describing Dining Club membership. The 8-week *A Matter of Balance* program was completed by 15 of the original 18 participants. A *Diabetes Management Workshop* begins May 7<sup>th</sup>. Christina Boyd-Drummond will present a Veteran's Benefits Seminar, from Care Connect of Hampton Roads on March 27. The SCY annual Health Fair is April 19<sup>th</sup>. Currently 15 vendors are committed to the Fair. About seven SCY patrons were transported to the *CNU Forum on Aging* in March presented by the Peninsula Agency on Aging. April 3 is the *Healthy Aging Conference* in Williamsburg presented by the Hampton Roads Coalition of Agencies on Aging. Sheriff Diggs *safety program* at the SCY was well attended by citizens with relevant questions and discussion. As a result of safety concerns from citizens a "pedestrian caution crossing sign" was requested and obtained by the shopping center property management, Nusbaum. On April 12 there will be a program about when to consider giving up your keys to drive from *Capital Driver*. In adding another safety service to seniors Arlene Connell mentioned that Food Lion and some stores would

deliver items to your home for \$5 with a minimum purchase; this could be a good thing to look into as an alternative for driving.

Gerald Patesel reported that the 37<sup>th</sup> Annual Forum on Aging was very successful at their new location which could accommodate more people and parking for the over 800 attendees and 90 vendors. The upcoming 45<sup>th</sup> anniversary fundraiser for PAA is a Senior Ball Gala on Saturday, May 18 at Holiday Inn-City Center in Newport News. PAA is will have the state monitoring team to visit their programs and conduct an audit next week.

D. York County

Lynne McMullen reported on the behalf of Mr. Fuller that the County continues to work on the process of moving offices to the shopping center locations, and that most likely the move will occur during the summer.

6. Old Business

- A. Valentine Bingo was reported to be well attended and lots of fun.
- B. The *Drawing Committee* for the SCY Spring Fundraiser reported on their progress. LFCU and Bay Point Bank are making fiscal donations. Walmart has donated a \$75.00 gift card that will go in the silent auction. Other items continue to come in for the *Drawing* and the *White Elephant Sale*. Set up of tables for the event was scheduled for Friday afternoon, but with so many items, it was done on Thursday March 28<sup>th</sup> and Friday March 29<sup>th</sup>. Several board members have volunteered for set up and helping on the sale day Saturday March 30<sup>th</sup>. Tickets for drawings are available for purchase.
- C. The annual *Picnic in the Park* is scheduled for May 17<sup>th</sup>. Freedom Rental has been secured to set up tables and chairs for the event.
- D. A *Senior Center of York Tea* is scheduled for April 17 with the Mariner's Museum presenting on the topic of spices. Sandwiches and other refreshments have been arranged. Board member volunteers are needed for set up and serving.
- E. York County IT department is reviewing the *Traveling with Virtual Reality* program. Thanks to board members for your attendance at this meeting.

7. New Business

- A. Lynne McMullen and Sheri Greenleaf are working toward future opportunities for trips at the SCY. They are attending meetings with Newport News Parks and Recreation to learn more on proper trip planning. June 13<sup>th</sup> is a tentative date for a *Trip to Charlottesville*.
- B. Board members reported patron interest in the upcoming *Virtual Reality Program* for the summer. Board members wanted to have input into the

selection of software for the program at the SCY. Lynne McMullen will follow up with Tim.

C. Planning for the annual 4<sup>th</sup> of July indoor picnic is underway.

**8. Information**

A. An appreciation luncheon for York County volunteers is Saturday March 23 at Grafton High School.

B. A card was passed around on behalf of board member Nancy Geary.

**9. Announcements**

A. York County has completed the editing for the exercise videos of Body Renewal and Yoga.

B. Buck Rodgers reported on his follow-up with 2040 Comprehensive Plan Steering Committee. Mr. Rodgers expressed his concern in wanting to see seniors and growth being included in this plan; and he would like to continue to pursue it.

The next SCY Board Meeting is scheduled for Wednesday April 10, 2019. A motion to adjourn for today was made by Buck Rodgers and the second motion made by Viana Dail. Meeting adjourned at 11:15 a.m.

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD OF DIRECTORS MEETING  
Wednesday, April 10, 2019

1. Call to Order

Carol Scott, Chairperson, called the meeting to order at 10:00 a.m.

2. Roll Call

Dee Davis, Secretary, conducted the roll call.

Board members present: Cheryl Nelson Barnard, Arlene Connell, Viana Dail, Dee Davis, Brian Fuller, Nancy Geary, Tom McNamara, Buck Rodgers, Carol Scott, Cynthia Slominski, Betty Titus

Board members not present: Lynda Bush, Bill Massey

Staff members present: Lynne McMullen, Minnie Sippio, Gerald Patesel

Staff members not present: none

3. Approval of Minutes

Arlene Connell made a motion to accept the March 2019 board minutes. Betty Titus made a second motion. All board members present approved the minutes.

4. Financial Reports

A. Peninsula Agency on Aging

Gerald Patesel provided copies of the monthly financial report from the PAA. Expenditures were as usual.

B. Senior Center of York

Arlene Connell, Treasurer, presented an overview of the SCY fiscal report for March activity with special review of the Spring Fundraiser. Board members raised questions regarding ticket sales from the Fundraiser. A final report for revenue from the Fundraiser is pending a few silent auction payments for

items yet to be picked up. A motion was made by Betty Titus to approve the Treasurer's report and Cheryl Nelson Barnard made a second motion.

## 5. Committee Reports

### A. Center Facility Operations

Tom McNamara reported that a Newport News Waterworks Inspector conducted an unexpected inspection of the facility. It was noted that the kitchen faucet hose needed a spring. A work order to correct this has been placed.

### B. Programs

Carol Scott reported there was 1,807 patron visits in March 2019. AARP is scheduled to teach the monthly Driver Safety Program on Monday the 15<sup>th</sup> and Tuesday the 16<sup>th</sup>. AARP free tax service continues through April 13<sup>th</sup>. The April Craft program is making personalized holiday cards for Easter. This month's Birthday Bash, April 26, will feature Jon Durfee, leading the musical entertainment. The Annual Spring Tea is scheduled for April 17 at 1 p.m. The *War Stories and Pizza* group meets April 22. A fun "Bored Day Board Games" social activity is scheduled for Tuesday afternoon April 30.

### C. Health Programs

Minnie Sippio reported on health programs. The SCY *Dining Club* served 114 meals in March and provided 82 following day take home meals. The Dining Club gained two new members as a result of last month's article in the *Observer*. The Peninsula Dining Clubs conducted a Limericks contest and the SCY Dining Club won! Twenty-seven people attended the *Veteran's Benefits* program last month. A board member who attended commented on the helpfulness of the information presented. About 240 people attended the Healthy Aging event in Williamsburg. April 10, at 11:15 a.m. therapists from Pivot Physical Therapy will present *How to Safely Use Your Walker or Cane*. April 12, "*When is it Time to Give Up the Keys?*" is a safety presentation by John Vaughter, a Certified Driver Rehabilitation Specialist who will discuss driver evaluation assessments. Friday, April 19, is the *SCY Health and Safety Fair*, from 9a.m. to 12:30 p.m. Set up for the event is Thursday afternoon, April 18 with board volunteers needed. The *Diabetes Management Workshop* begins May 7.

D. Peninsula Aging on Aging

Gerald Patesel reported that the 45<sup>th</sup> Annual *Senior Ball* fundraiser for PAA is on May 18<sup>th</sup> at City Center. The *Older Americans Act*, is currently being reviewed and considered for renewal of funding. Advocacy is needed to support ongoing funding for services in Virginia. March is *Meals on Wheels* awareness month. In recognition, the PAA offices are hosting a *Meet and Greet* event featuring a client presentation to visitors. April is volunteer appreciation month and PAA is presenting "goody bags" to their volunteers. On June 30, a fundraiser for *Meals on Wheels* will be conducted from 4-7 p.m. at *Traditions Brewery*. *Beach Barbeque* is contributing to the fundraiser.

E. York County

Brian Fuller reported the County Office move is now anticipated for late summer. On May 7, the County of York Board of Supervisors will vote on the annual budget. The Yorktown Farmers Market has begun and will continue through October with several themed Market Days.

6. Old Business

- A. The Spring Fundraiser was successful bringing in over \$2,000.
- B. The 4<sup>th</sup> of July *Indoor Picnic* is scheduled for June 28. Pop's Dinner is contributing the food.
- C. The annual *Picnic in the Park* is scheduled for May 17<sup>th</sup>. Freedom Rental has been secured to set up tables and chairs for the event. Crooks United Methodist Church is the back-up facility in case of inclement weather.
- D. A *Senior Center of York Tea* is scheduled for April 17 with the Mariners Museum presenting on the topic of spices. Sandwiches and other refreshments have been arranged. Board member volunteers are needed for set up and serving.
- E. The day trip to Charlottesville is June 13. A minimum of 25 people is needed for the trip. Marketing outreach is being conducted to reach this number.

7. New Business

- A. Board member, Nancy Geary presented a thank-you card from her family for the recent help received.
- B. Board members reported patron interest continues for the upcoming *Virtual Reality Program* at the SCY. Board members: Nancy, Buck, Dee, and Viana are interested in volunteering to support software selection and program implementation as needed.

**8. Information**

**9. Announcements**

The next SCY Board Meeting is scheduled for Wednesday May 8, 2019. A motion to adjourn was made by Viana Dail and the second motion made by Brian Fuller. Meeting adjourned at 11:05 a.m.

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD MEETING  
May 8, 2019

**1. Call to Order**

Carol Scott, Chairperson, called the meeting to order at 10:01 a.m.

**2. Roll Call**

Dee Davis, Secretary, conducted the roll call.

Board members present: Cheryl Nelson Barnard, Lynda Bush, Arlene Connell, Viana Dail, Dee Davis, Nancy Geary, Tom McNamara, Buck Rodgers, Carol Scott, Betty Titus

Board members not present: Brian Fuller, Bill Massey, Cynthia Slominsky

Staff members present: Lynne McMullen, Minnie Sippio, Gerald Patesel

Staff members not present: none

**3. Approval of Minutes**

Arlene Connell made a motion to accept the April 2019 board minutes. Viana Dail made a second motion. All board members present approved the minutes.

**4. Financial Reports**

**A. Peninsula Agency on Aging**

Gerald Patesel provided copies of the monthly financial report from the PAA. Expenditures were as usual.

**B. Senior Center of York**

Arlene Connell, Treasurer, presented an overview of the SCY fiscal report for April activity. Board members recommended that revenue from event meal donations be included in the treasurer's report in order to view both income

and expenses for special events activities. A motion was made by Betty Titus to approve the Treasurer's report and Viana Dail made a second motion.

## 5. Committee Reports

### A. Center Facility Operations

Tom McNamara reported the spring for the kitchen faucet was installed. The Newport News Waterworks inspector made another visit to the SCY to approve the correction to the faucet.

### B. Programs

Carol Scott reported there was 1,847 patron visits in April 2019. AARP will be offering the Driver Safety Program this month. A make and take Craft activity is scheduled in May. The Birthday Bash is scheduled for May 24. Buck Rodgers reported the War Stories and Pizza program has 13 participants who are all fully engaged during the meetings. Samantha McNeil from York County Public Works will give a presentation on the updates for the recycling program on May 30. The June 13 day trip to Charlottesville continues to accept registrations for participants. The computer lab remains active. Another session of *Bored Board Games* is scheduled for June.

### C. Minnie Sippio reported on health programs. The SCY Health Fair conducted 119 cholesterol and blood pressure screenings, which is an increase from last year. The SCY *Dining Club* served 122 meals in April and provided 105 take home meals. The Triad sponsored the *Give up Your Keys* program at the SCY with 16 people in attendance. The *Cane and Walker* program had 12 attendees and was appreciated by many who learned how to use their equipment better. The *Diabetes Workshop* has gotten off to a good start with 12 people enrolled. A *Car Fit Event* is scheduled for May 13<sup>th</sup>. Mrs. Sippio read the SCY Dining Club's very clever winning limerick to Board members.

### D. Peninsula Aging on Aging

Gerald Patesel reported tickets are still available for the May 18<sup>th</sup> PAA Senior Ball Gala. PAA is sponsoring a *May Tea for the Dining Club*. PAA will also be providing food for the SCY outdoor Picnic in the Park.

### E. York County

Brian Fuller was unable to attend. Lynne McMullen reported the County had just celebrated the 10<sup>th</sup> Anniversary of the MAC Sports Complex. The Farmers Market is in operation for the season. The County still needs additional applications for membership on the SCY Board. An annual budget for the County of York was passed.

6. Old Business

- A. The annual SCY Tea was reported to have good participation, food and an engaging presentation from Lauren Furey of the Mariner's Museum.
- B. The day trip to Charlottesville currently has 15 registered and needs a minimum of 25.
- C. The annual *Picnic in the Park* will begin at 11:00 a.m. on May 17<sup>th</sup> with May 14, as the deadline for registration.
- D. A nice time was had by the ten folks who enjoyed a day trip to the Norfolk Zoo.
- E. The pre-4<sup>th</sup> of July indoor picnic at the SCY is scheduled for June 28, at 11:30 with barbecue from Pops and side dishes provided by PAA.

7. New Business

- A. Board budget committee members will meet to set next year's budget for the SCY.
- B. There will be a program committee meeting to be announced; eventually we would most likely open this up to patrons as well. We would like to have some new programs; trip planning, and intergenerational programs have been mentioned as well.
- C. A concert performance by Thomas Pandolfi is scheduled for October.
- D. *A Taste of Nations Event* is being planned for the fall.

8. Information

- A. A new sofa for the SCY is being considered.

9. Announcements

- A. AARP Tax Volunteer, Martha Miller sent a letter of appreciation to Mrs. McMullen expressing their gratitude for all the help and support received by staff at the SCY during tax season. Citizens of York served were 284, Poquoson 27, Hampton 72, Newport News 202 and 23 from other communities.
- B. Buck Rodgers reported that those wanting to advocate for the SCY should call the *Citizens Comment Hotline*, to give feedback to support the SCY during the upcoming years.

The next SCY Board Meeting is scheduled for Wednesday June 12, 2019. A motion to adjourn for today was made by Cheryl Nelson Barnard and the second motion made by Viana Dail. Meeting adjourned at 11:15 a.m.

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD MEETING  
June 12, 2019

1. Call to Order

Buck Rodgers, Co-Chairperson, called the meeting to order at 10:03 a.m.

2. Roll Call

Dee Davis, Secretary, conducted the roll call.

Board members present: Lynda Bush, Arlene Connell, Viana Dail, Dee Davis, Brian Fuller, Nancy Geary, Tom McNamara, Buck Rodgers, Cindy Slominsky, Betty Titus

Board members not present: Carol Scott, Bill Massey, and Cheryl Nelson Barnard

Staff members present: Lynne McMullen, Minnie Sippio, Gerald Patesel

Staff members not present: none

3. Approval of Minutes

Viana Dail made a motion to accept the May 2019 board minutes. Lynda Bush made a second motion. All board members present approved the minutes.

4. Financial Reports

A. Peninsula Agency on Aging

Gerald Patesel provided copies of the monthly financial report from the PAA. Expenditures were as usual.

B. Senior Center of York

Arlene Connell, Treasurer, presented an overview of the SCY fiscal report for May activity. The completed 2020 Budget was presented by Ms. Connell. Board Member questions were addressed. A motion was made by Brian Fuller to approve the Treasurer's report and the 2020 Budget. Lynda Bush

made a second motion. All board members approved the Treasurer's monthly report and 2020 Budget for the SCY.

## 5. Committee Reports

### A. Center Facility Operations

Lynne McMullen and Tom McNamara reported on facility updates and installations. An automated main door opening and closing was installed and is working properly. An office designer is consulting with York County to supply furniture to the new office sites and the SCY. The SCY will have new fiber optic lighted signage and window wrapping for the exterior appearance. A York County recycling bin was placed outside in back for the SCY.

### B. Programs

Buck Rodgers reported there was 1,726 patron visits in May 2019. As noted in the *Observer* for June, special programs include: a presentation, led by Kathy Wahl, on *American Sign Language* attended by 15 patrons; the *Monthly Craft* group, led by Kathy Wahl, made glass globe magnets for refrigerators, an *AARP Driver Safety* training was attended by 5 patrons; the *York-Poquoson Triad* is introducing the Sheriff's Office new K-9 deputy, Saber, and will give demonstrations on how he is trained; the *Charlottesville Day Trip* had 26 participants who expressed their satisfaction and made suggestions for upcoming trips through a trip survey; *Wellness Lifestyle Entrepreneur*, Allison Manternach is giving a presentation on how we can create a more positive attitude; *Cultural Day* is a presentation by archaeologist, Nick Lucchetti, who will discuss findings related to the abandoned colony Roanoke Island in North Carolina; the monthly *Birthday Bash* features Ron Fetner; *War Stories and Pizza* group continues to meet with a consistent 13 members; another afternoon session of *Bored Board Games* is scheduled for June 25.

- C. Minnie Sippio reported on health programs. The *Dining Club* served 159 meals and gave 111 take home meals in May. Nine patrons completed the *Diabetes Workshop*. The *Car Fit* program was canceled soon after beginning due to heavy rain and is re-scheduled for June 17. An upcoming Triad sponsored *Ice Cream Social* will feature a speaker and ice cream from Ben and Jerry's; patrons are asked to wear their favorite t-shirt.

### D. Peninsula Aging on Aging

Gerald Patesel reported there were 150 attendees including Congressman Bobby Scott at the May 18 PAA Gala Ball fundraiser. A formal *Tea Party* was

hosted for the Dining Clubs. One 87-year-old patron said it was her very first Tea Party. PAA is preparing their 2020 budget and monitoring action for the reauthorization of the *Older Americans Act*. PAA will be closed July 4 and 5. *Traditions Brewery and Food Truck* will be conducting a fundraiser for the *Peninsula Meals on Wheels* program.

E. York County

Brian Fuller reported there will be a new sign for the Center, and fiber optic to enhance connections and internet speed for computers, and window wrappings for County offices in the shopping center for uniformity. The County is preparing for the 4<sup>th</sup> of July events. The history TV channel will be filming a "Strongest Men Events" in Yorktown.

6. Old Business

- A. The Spring Picnic was very successful with many first time attendees.
- B. The day trip to Charlottesville is on schedule.
- C. The pre-4<sup>th</sup> of July indoor picnic at the SCY is scheduled for June 28, at 11:30 with Bar-B-Q from Pops and side dishes provided by PAA. Board member volunteers are needed for set-up at 10:00 am.

7. New Business

- A. The *Taste of Nations Event* is scheduled for September 27. Volunteers will be needed to help solicit or purchase food.
- B. A patron requested talent show is scheduled for October 4.
- C. The SCY *Virtual Reality* program is progressing.

8. Information

- A. There will be no Board meeting in August.

9. Announcements

- A. The next SCY Board Meeting is scheduled for Wednesday July 10, 2019. A motion to adjourn for today was made by Betty Titus and the second motion made by Viana Dail. Meeting adjourned at 11:12 a.m.

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD MEETING  
Wednesday, July 10, 2019

1. Call to Order

Carol Scott, Chairperson, called the meeting to order at 10:00 a.m.

2. Roll Call

Dee Davis, Secretary, conducted the roll call.

Board members present: Lynda Bush, Viana Dail, Dee Davis, Brian Fuller, Tom McNamara, Buck Rodgers, Carol Scott, Cindy Slominsky, Betty Titus

Board members not present: Arlene Connell, Nancy Geary, Bill Massey, and Cheryl Nelson Barnard

Staff members present: Lynne McMullen, Gerald Patesel, Minnie Sippio

Staff members not present: none

Special Guest Report

Tim Wyatt, York County Technology Department, provided an update on the status of the *Virtual Reality Program* at the SCY. Mr. Wyatt indicated his plan to wait for recommended new hardware that is safe and most appropriate for use at the SCY. The system purchased is *Steam Virtual Reality*. Mr. Wyatt entertained board member questions and provided helpful information. Projected installation and set-up of VR equipment at the SCY is in the fall.

3. Approval of Minutes

Viana Dail made a motion to accept the June 2019 board minutes. Lynda Bush made a second motion. All board members present approved the minutes.

4. Financial Reports

A. Peninsula Agency on Aging - Gerald Patesel disseminated the PAA financial report for SCY and indicated expenses are usual.

- B. Senior Center of York - In the absence of the Treasurer, Ms. McMullen disseminated the SCY Fiscal Report for June. Monthly activity was standard.

## 5. Committee Reports

- A. Center Facility Operations – Tom McNamara indicated there was no news to report.
- B. Monthly Programs – Chairperson, Carol Scott, reported there was 1,370 patron visits in June. Scheduled July programs included: *AARP Driver Safety*; a presentation by Guy Manchester of the history and origin of the *National Anthem and Pledge of Allegiance*; craft day features all occasions *Card Making*; a movie afternoon presented by the York County Library will be the musical *Mary Poppins*; the monthly *Bingo* event has not had regular participation and is looking for new interest; a *Rhythm Music Therapy* session by Becky Watson, owner of Music for Wellness is scheduled; the *War Stories and Pizza* group will meet in July and then wrap up in August. The Triad is again sponsoring an *Ice Cream Social* to beat the heat in July; and *Bored Day Board Games* is scheduled for two Tuesday afternoons in July.
- C. Minnie Sippio reported on health programs. The *Dining Club* served 109 meals and provided 59 take home meals in June. The Triad sponsored a program with the York County Sheriff's Office new *K-9 Saber* with 22 in attendance in June. The self-help and mental health program on *Positivity* had 38 in attendance and was so well received that board members made a motion for Mrs. Sippio to proceed in arranging for a *Self-Help Workshop* series by Allison Manternach at the SCY. Brian Fuller made the motion and Viana Dail made the second motion with all board members in favor. There was also a suggestion to send Langley, a contributor, a note indicating that they had help to support this new series. The Triad *Ice Cream Social* will include a law group addressing the topic, *Death by Power of Attorney*. Looking ahead is the annual *Safety Summit*, at Northside Church in York County on October 15.
- D. Peninsula Aging on Aging  
  
Gerald Patesel reported on the fun enjoyed during an intergenerational program between the Boys & Girls Club with area Dining Clubs. PAA is currently in a cycle of budget preparations and six-month reports for existing grants. Last month's *Brewery Fundraiser for Meals on Wheels* raised \$2,000.00 and client surveys were completed. PAA was honored by *Coastal Virginia, Best of Magazine Reader's Choice Award* for "best in transportation."

E. York County

Brian Fuller reported construction for new County office spaces would be completed by the end of August and move in is anticipated for September. There was a meeting held with staff to discuss space needs at the SCY. The 4<sup>th</sup> of July events went well and fireworks were done earlier to avoid the inclement weather. York County and PAA are setting up a renewal agreement for support services. Filming in York County by the History TV Channel will feature the *World's Strongest Men*, where men will lift a cannon.

6. Old Business

- A. The indoor pre-4<sup>th</sup> of July Picnic hosted 63 attendees.
- B. The *Taste of Nations* event is tentatively scheduled for Friday September 27<sup>th</sup> which has now been changed to the 25<sup>th</sup>. At this event we will survey patrons to see if they like having this event, and if they favor focusing on one nation and or cuisine at a time versus a variety of foods. Board member volunteers are needed to help with this event.
- C. A *Talent Show* is scheduled for October 4th.

7. New Business

- A. The 28<sup>th</sup> Anniversary of the Senior Center of York will be celebrated at the November Birthday Bash.

8. Information

- A. There will be no Board meeting in August.

9. Announcements

- A. The next SCY Board Meeting is scheduled for Wednesday September 11, 2019.
- B. The popular *Pandolfi* concert is scheduled 1:30 p.m. October 11, at St. Marks Church.
- C. A motion to adjourn for today was made by Betty Titus and the second motion made by Viana Dail. Meeting adjourned at 11:09 a.m.

SENIOR CENTER OF YORK (SCY)  
YORKTOWN, VIRGINIA  
BOARD MEETING  
Wednesday, September 11, 2019  
10:00 AM

1. Call to Order

Carol Scott, Chairperson, called the meeting to order at 10:00 a.m.

2. Roll Call

Dee Davis, Secretary, conducted the roll call.

Board members present: Arlene Connell, Viana Dail, Dee Davis, Tom McNamara, Buck Rodgers, Carol Scott, Cindy Slominsky,

Board members not present: Cheryl Nelson Barnard, Lynda Bush, Brian Fuller, Nancy Geary, Bill Massey, and Betty Titus

Staff members present: Lynne McMullen, Gerald Patesel, Minnie Sippio

Staff members not present: none

3. Approval of Minutes

Buck Rodgers made a motion to accept the July 2019 board minutes. There was no meeting in August. Viana Dail made a second motion. All board members present approved the minutes.

4. Financial Reports

A. Peninsula Agency on Aging

Gerald Patesel provided copies of the monthly financial report from PAA. Expenditures were as usual. The report reflected completion of twelve months ending the annual financial report.

B. Senior Center of York

Arlene Connell, Treasurer, presented an overview of the SCY fiscal report for July and August activity. Ms. Connell noted a correction for a deposit adjustment made in July. A motion was made by Viana Dail to approve the Treasurer's report. Viana Dail made a second motion. All board members approved the Treasurer's monthly report.

5. Committee Reports

#### A. Center Facility Operations

Tom McNamara reported on facility updates and installations. A new exterior sign above the front entrance was installed. External security cameras have been installed. New furniture for the SCY has been ordered. A new lobby reception desk has been ordered. The lobby area will be painted white in the upcoming weeks. Information Technology has the room beside Room 9 as a new designated place in the Senior Center to run computer systems and to store hardware. It was reported to us that there is a delay with delivery of paper towels for the Center. New white cabinets have been placed in all the restrooms for supply storage and to eliminate having to place personal belongings on the floor. A new computer has been set up at the front reception desk. Lynne McMullen is working with Tim Wyatt to finalize plans and placement of the virtual reality destinations, and to launch it for the Center's Anniversary on November 15.

#### B. Programs

Carol Scott reported there was 1,660 patron visits in August 2019. As noted in the *Observer* for September, special programs include: the *Monthly Craft Day*, led by Kathy Wahl, where the group will make papier mâché boxes, an *AARP Driver Safety* 2-day training was conducted; two board game days have been scheduled in September. There is a presentation by Tourism and Kevin Richie on September 24 to discuss the happenings in Yorktown. Birthday Bash will feature Jon Durfee playing musical instruments and leading the group in their favorite songs. The SCY continues to seek resuming previous line dancing classes and starting a beginner's class.

C. Minnie Sippio reported on health programs. The *Dining Club* served 135 meals and gave 105 take home meals in August. Four new members of the Dining Club were welcomed in and four current members are leaving the group. The first of the four self-help workshop series with Wellness Lifestyle Entrepreneur, Alison Manternach was conducted in August and the second workshop "*Words Are Powerful*" is scheduled for September 17. In October, the workshop series will continue with a presentation on "*Reducing Stress.*" An October 1<sup>st</sup> information session is scheduled to provide information on genetic testing. The eight week "*Matter of Balance*" workshop series begins September 24. The Senior Safety Summit is scheduled for October 15 and will include a free paper shredding truck on the premises, sponsored by AARP. October 11, free flu vaccines (regular dose shots) will be given at the SCY from 9:30-11:00 a.m.

#### D. Peninsula Aging on Aging

Gerald Patesel reported PAA is wrapping up its fiscal year and is hopeful to hear good news regarding the re-authorization of funding for the *Older Americans Act*. PAA is currently planning all of the Christmas parties they sponsor. PAA will be closed on October 14 for Columbus Day.

E. York County

Lynne McMullen reporting in Brian Fuller's absence. The County Parks and Recreation department is in the process of moving into their new spaces at Washington Square shopping center beginning this week and the official move will be October 1.

6. Old Business

- A. The *Taste of Nations* event is Wednesday, September 25. Set-up will be Tuesday at 2:30 p.m. and volunteers are needed to help. Volunteers will also be needed to pick up food, set-up, serve and clean up.
- B. The *Talent Show* will be October 4, with currently 10 acts.
- C. Thomas Pandolfi, piano virtuoso, will perform his concert October 11 at St. Mark Lutheran Church in partnership with the SCY. The church will provide refreshments.

7. New Business

- A. The two *War Stories and Pizza* groups will come together for a reunion. They may conduct a public Veteran's Day Forum event in November.
- B. The BINGO players have renewed their group.

8. Information

- A. Three new board members should be joining the Senior Center Board soon.
- B. *A Day Outing in Yorktown*, is scheduled for September 26 and a day trip to the *Williamsburg Winery* is scheduled for October 24.
- C. The annual *Christmas Luncheon* is scheduled for December 6. Encore Catering will provide the meal.
- D. The Virtual Reality, SCY board committee has met again with Tim Wyatt and made recommendations, as requested, to determine what to include in a user's manual and how to conduct user time. Mr. Wyatt requested volunteers research the VR selections available for our equipment. Volunteers provided a list of selections and recommendations to Lynne McMullen and Tim Wyatt. It was also suggested that Information Technology provide some support staff and or volunteers to help the SCY if possible, especially to get the program going.

9. Announcements

- A. The next SCY Board Meeting is scheduled for Wednesday October 9, 2019. A motion to adjourn was made by Viana Dail and the second motion made by Arlene Connell. Meeting adjourned at 11:09 a.m.