

The Senior Center of York will be open Monday through Friday, 9 am to 4:30 pm. Please call the Senior Center to register or register online. All activities are FREE unless otherwise noted. Limited Space. Registration open until 4 days prior to each event unless otherwise noted. For ages 55 and up.

FALL CRAFT FUNDRAISER Saturday, October 2 • 9 am - 1 pm

Please support this event by coming out and purchasing beautiful handmade items made by the Center's crafters. There will be many seasonal and holiday pieces available for you or as a gift for a loved one. Tickets will also be available for a drawing on October 2 with the opportunity to win a Pittsburgh Steelers quilt!

QUILTING

Mondays, October 4, 11 & 18
11:15 am - 3:30 pm

Participants should bring their own supplies

Knitting

Mondays, October 4, 11, 18 & 25
1 - 3 pm

Participants should bring their own supplies

October CRAFT

Monday, October 18 • 10 am

Fall into the season by creating your own handmade painted pumpkin using quick wood and acrylic paint.

Individual Reiki Sessions

Monday, October 18 • 11 am, 11:30 am & 12 pm

Certified Reiki Master Teacher Joyce Dura will provide individual sessions of this holistic technique that promotes energy, relaxation and more. Space is limited.

WAR Stories & Pizza



Monday, October 25 • 11:30 am - 1:30 pm

Veterans, join us for a fun and casual time to share military stories and experiences. Bob Santillan will facilitate this program. Advance sign-up is required for this program. Space is limited.

AARP DRIVER SAFETY

~~Monday, October 5 & Tuesday, October 26~~
CANCELLED
12:30 to 4:30 pm

ART time

Tuesdays, October 5, 12 & 26
10 am to 12 pm

Participants should bring their own supplies

Introduction to Reiki

Tuesday, October 12 • 11 am

Join Certified Reiki Master Teacher Joyce Dura for an introduction to Reiki and demonstration. Reiki is a holistic technique that uses energy to provide relaxation, bring calm and stimulate the body's natural healing abilities.



presents the
25th
Annual

Senior Safety Summit

Tuesday, October 26 • 8 am to 1 pm

Northside Christian Church • Pre-registration required • Fee: \$3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fall Craft Fundraiser, Saturday, October 2 from 9 a.m. to 1p.m.				1 Line Dancing Group Body Renewal
4 Quilting Knitting Upper Beginner Line Dancing Lessons Body Renewal	5 Art Time Board Games-Brain Busters Canasta Body Renewal	6 Body Renewal Ping Pong	7 Board Games-Chess Canasta Body Renewal	8 Line Dancing Group Body Renewal
11 Quilting Knitting Body Renewal Upper Beginner Line Dancing Lessons	12 Art Time Canasta Health Day Reiki Body Renewal Board Games-Jokers & Marbles	13 Body Renewal	14 Canasta Bingo Body Renewal	15 Line Dancing Group Body Renewal
18 Quilting Knitting October Craft Body Renewal Individual Reiki Upper Beginner Line Dancing Lessons	19 CLOSED YORKTOWN DAY	20 Body Renewal	21 Canasta Culture Day Body Renewal	22 October Birthday Bash Body Renewal
25 Knitting War Stories & Pizza Body Renewal Upper Beginner Line Dancing Lessons AARP Driver Safety Program	26 Art Time Canasta Senior Safety Summit Body Renewal Board Games-Mexican Train AARP Driver Safety Program	27 Body Renewal Ping Pong	28 Canasta Bingo Body Renewal	29 Line Dancing Group Body Renewal



Tuesdays
October 5, 12 & 26

Thursdays
October 7, 14, 21 & 28

1 - 3 pm



BORED DAY BOARD GAMES

Tuesday, October 5 • 1-3 pm • Brain Busters - Logic Puzzles
Thursday, October 7 • 1-3 pm • Chess Club -small group instruction
Tuesday, October 12 • 1-4 pm • Jokers & Marbles
Tuesday, October 26 • 1-4 pm • Mexican Train Dominoes



Wednesdays, October 6 & 27
10 am & 11 am

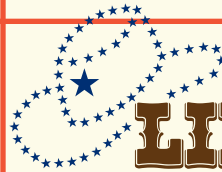


Thursdays, October 14 & 28
1 pm

CULTURE DAY

Thursday, October 21 • 1 pm

Join us for a talk of amusement and mystery with Kevin Smith, Director of York County Library Services as he shares the history and fun facts about Halloween. Treats too.



LINE DANCING group

FREE

This activity is open for seniors to line dance together in a group

Fridays, October 1, 8, 15 & 29
1 to 2 pm



Friday, October 22 • 1 pm

Enjoy Vocalist Billy Mitchell. Mr. Mitchell will perform a wonderful medley of your favorite classic and timeless songs. Remember you do not have to be celebrating a birthday to come join in on the fun.



SENIOR CENTER OF YORK'S 30TH ANNIVERSARY CELEBRATION

Friday, November 12 • 1 pm

Mah Jongg

If you are interested in playing Mah Jongg, please call the Center at 890-3444 and give us your name and phone number.