

SENIOR CENTER of YORK



REGISTER ONLINE NOW!

Starting June 1: The Senior Center of York will be open Monday through Friday, 9 am to 4:30 pm.
Please call the Senior Center to register or register online. **Registration open until 4 days prior to each event unless otherwise noted.**

Monday

Knitting CLUB

June 7, 14, 21, 28

**1 - 3 pm
Suite 3**

QUILTING CLUB

June 7, 14, 21, 28

**9 am - 12 pm
Suite 3**

Tuesday and Thursday



Every Tuesday & Thursday

June 8 - 29

1:30 - 3:00 p.m.

FREE Online Health Series

Take control of your health. The award winning Literacy for Life HEAL Program helps adults increase their knowledge of current health care topics, medical terminology, and standard processes. Learn how to describe symptoms, read and understand medication instructions, use Urgent Care instead of the ER when appropriate, fill out medical forms, ask questions to better understand diagnosis, prescriptions, and make lifestyle changes that improve health.

In partnership with Literacy for Life, the Alzheimer's Association of Southeastern Virginia, the Lounge at James City County Parks and Recreation and York County Parks and Recreation.

Register in advance, online at www.yorkcounty.gov/parksandrec or call the Senior Center of York at 890-3444. Once you are registered, connection information will be sent to you and instructions to obtain series materials. A limited number of seats will be available at the Senior Center of York for this virtual series.

Register by June 4

Wednesday



June 9, 23 & 30

10 am - 12 pm

Suite 3

Pre-registration is required.



\$20

LIMITED SPACE

June 16

5:30 - 7:30 pm

Just in time for summer, come paint a wonderful 16 X 20 canvas beach scene design with Kathy Wahl.

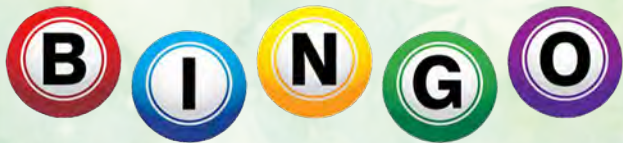
Register by June 9

All activities are FREE unless otherwise noted. LIMITED SPACE.

5314 George Washington Memorial Highway • Yorktown, VA
Senior Center: 757-890-3444 • Parks & Recreation: 757-890-3500 • www.yorkcounty.gov/parksandrec

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	* FRIDAY
	1	2 Senior Appreciation Day	3	4
7 Knitting Quilting	8 HEAL program	9 Bingo Art Time	10 HEAL program	11
14 Knitting Quilting	15 HEAL program	16 Ping Pong Paint Night	17 HEAL program	18
21 Knitting Quilting	22 HEAL program	23 Bingo Art Time	24 HEAL program Let's Go to the Movies	25
28 Knitting Quilting	29 HEAL program	30 Art Time		

Wednesday



June 9 & 23

1 - 3 pm
Suite 3

**LIMITED
SPACE**

Pre-registration is required.

PING PONG



June 16

10 am & 11 am
Suite 3

Pre-registration is required.

Thursday

Let's go to
The
MOVIES



June 24
1 pm

Join us for "Saving Mr. Banks, the 2013 period drama film directed by John Lee Hancock. Tom Hanks and Emma Thompson bring to life the untold true story about the origins of one of the most treasured Disney classics of all time. Determined to fulfill a 20 year promise to his daughters, Walt Disney tries to obtain the rights to author P.L. Traver's book about Mary Poppins. Sponsored by the York County Library. **Register by June 21**



Mark Your Calendar



Thursday, July 1 • 1 pm

Wear your red, white, and blue and learn some interesting facts about history, music, movies, Independence Day and more.

Register by June 28

4TH OF JULY

BIRTHDAY
BASH

Friday, July 2 • 1 - 3 pm

Come hear the music of Jon Durfee as he performs patriotic tunes and more on keyboards and banjo. Remember you do not have to be celebrating a birthday to come join in on the fun! June and July birthdays will be recognized.

Register by June 28