

SENIOR CENTER OF YORK (SCY)
Minutes of the Board Members Meeting
The Senior Center of York
Wednesday, August 9, 2023
10:00 AM

1. Call to Order

10:08 the meeting was called to order by Chairperson, Buck Rodgers.

2. Roll Call

Board members present: Cheryl Nelson Barnard, Viana Dail, Dee Davis, Brian Fuller, Tom McNamara, Erika Mitchell, Buck Rodgers, Bob Santillan, Carol Scott, Cynthia Slominski, and Betty Titus.

Board members not present: Lynda Bush, Pinky Gill, and Bill Massey.

Staff members present: Lynne McMullen and Minnie Sippio

Staff members not present: Gerald Patesel

SCY Patron Center Visitors present: Laura Worst, Pat Grant, Leona Knutson

3. Approval of Minutes

Bob Santillan noted one correction to a descriptive word in last month's minutes and asked that the word soldier be changed to "airmen" since the program was given by Langley Air Force. Viana Dail motioned to accept the minutes as corrected and Bob Santillan seconded the motion with all members approving.

4. Financial Report for the Senior Center

Carol Scott, Treasurer, presented an overview of the monthly fiscal report noting the expenses and that there was no revenue for this month. Erika Mitchell motioned to accept the July Treasurer's Report and Cheryl Nelson Barnard seconded the motion. All board members were in favor of approval.

5. Committee Reports

A. Center Facility Operations

Tom McNamara reported the back door in suite #3 has been repaired. Peep holes for exterior doors still need to be installed. Height recommended for peep holes is five feet.

B. Center Programs

Buck Rodgers reported there were 1,148 patron visits during the month of July. The Programs Committee met on July 12, 2023. Board members were given copies of the meeting minutes. Viana Dail worked on gathering information for a trip to Lancaster, PA to see a couple of plays and tour

facilities in the Amish Country. White Star Travel Company quoted a package rate of \$554.00 with a minimum of 35 people. The company will work with the SCY in regards to filling the minimum number of people through other venues. Viana Dail also researched fee rates for senior or group ticketing to the Virginia Aquarium and the Virginia Air and Space Center in Hampton. Buck Rodgers looked into other local trips that may be of interest. The Program Committee submitted a schedule of Williamsburg Players performances for the 2023-24 season to be considered for outings. Buck Rodgers is working on developing a Survey of Interests Patron Questionnaire with Lynne McMullen's help. Carol Scott expressed interest in starting up another Zumba exercise class. Betty Titus will ask Karen Ward if she is interested in teaching this class.

Board members Erika Mitchell and Dee Davis gave an update on actions being taken by a Senior Citizens Committee for Transportation to the SCY for those no longer able to drive themselves to their programs. Visitors were attending the Board meeting due to their support and interest in this topic. Related discussion ensued.

Other programs noted for this month are the Craft Night, afternoon movie, the outing to Tucker Cemetery event, August Storm presentation for Culture Day and an evening BINGO event.

C. Health Programs

Minnie Sippio reported there were 12 people who completed the Matter of Balance workshop. The Ice Cream social was a huge success with 55 people attending. The topic presented was on Medicare Fraud. The Sheriff's Office will do a program on Home Security on August 15. Reiki continues to have full registration. The County EMTs who come to the SCY to conduct blood pressure checks are finding a few high ones and making recommendations for follow up. The Dining Club has 3 new members with a total of 30 people on the list and 14 people who attend regularly. Minnie Sippio recommends that prospective participants try a meal once before officially registering for the program. The criteria for eligibility is that a participant must be able to care for themselves. Minnie Sippio is working with PAA to coordinate a flu vaccine clinic at the SCY. October 17, 2023 is the date for the Senior Safety Summit at Northside Church. This year's topics include current scams, adult domestic violence and abuse, interactive exercise, and staying safe in virtual environments.

D. Peninsula Agency on Aging

PAA August report is attached. Home Delivered Meals will need to be reduced due to the coming year's budget restrictions. Senior Farmers Market program is doing well. PAA is recruiting for their dining clubs and planning activities that are themed based. PAA Veterans Transportation program is experiencing a steady increase in the number of trips for medical appointments.

E. York County

Brian Fuller reported that with this being an election year, we will have some new Board of Supervisors. Mr. Fuller also said that County Administrator Neil Morgan is retiring in January of 2024. The Board of Supervisors will select Mr. Morgan's replacement. The Law Enforcement building is 57 percent complete.

6. Old Business

A. The evening Quilting program is finishing up tonight.

- B. The Taste of Nations event is September 27, 2023. Board member volunteers are needed to help with this event. Nations being represented with food are Mexican, Chinese and Italian.
- C. Virtual Reality volunteers still needed. We may be getting help from library staff for this program.

7. New Business

- A. Friday November 17, is the SCY Anniversary event. The SCY is celebrating with food and music. The Quilt Fundraising drawing will be conducted during the celebration.
- B. Another Newcomer Coffee welcome event will take place on September 11, 2023 for those new to the Center.
- C. County Video promotions is interested in taping events at the SCY. Recommendations are welcome.

8. Information Items

- A. None this month.

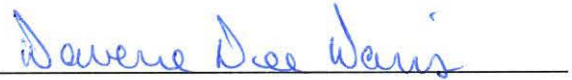
Announcements

The next SCY Board meeting is September 13, 2023 at 10 a.m. Viana Dail made a motion to adjourn the meeting at 11:35 a.m. and the motion was seconded by Erika Mitchell. All members were in favor.

The minutes were reviewed and approved by:



Signature of SCY Board Chairperson



Signature of SCY Board Secretary