

SENIOR CENTER OF YORK (SCY)
Minutes of the Board Members Meeting
at The Senior Center of York
Wednesday, April 13, 2022
10:00 AM

1. Call to Order

10:04 the meeting was called to order by Vice chairperson, Viana Dail.

2. Roll Call

Dee Davis, Secretary, conducted the members roll call.

Board members present: Lynda Bush, Viana Dail, Dee Davis, Brian Fuller, Erika Mitchell, Pinky Gill, Bob Santillan, Carol Scott, Betty Titus

Board members not present: Bill Massey, Tom McNamara, Buck Rodgers, Cynthia Slominski, Cheryl Nelson Barnard

Staff members present: Lynne McMullen, Minnie Sippio

Staff members not present: Gerald Patesel

New board member Wanda Fralick was introduced by Viana Dail.

3. Approval of Minutes

Lynda Bush motioned that the March SCY Board minutes be approved as presented. Betty Titus seconded the motion. All members approved.

4. Financial Reports for the Senior Center of York

Carol Scott provided an overview of the Treasurer's report for March. Ms. Scott reported \$1,000.00 in donations was made in memory of Beulah Sutton. Erika Mitchell made a motion to approve the Treasurer's report as submitted. Lynda Bush seconded the motion. All members approved.

5. Committee Reports

A. Center Facility Operations

Lynne McMullen reported there have been several beeping sounds from the alarms and computers. The batteries were changed in the alarms to deter the sound and are functioning properly and computers were re-set. There is a Red emergency phone at the Center's front desk that is routed directly to the 911 Center. A test was done with this phone to ensure that it too was working properly. Work requests were put in to help with air quality so the vents were cleaned and weather-stripping for the exterior doors was completed.

B. Center Programs

Viana Dail reported there were 1,044 patron visits during the month of March, not including tax aide visitors. Patron visits continue to increase. There are more Canasta players participating regularly on Tuesdays and Thursdays. A Mahjong group has started playing on Wednesday afternoons. BINGO continues to be popular. Enrollment for Body Renewal has increased. Board game day is well attended. The Karaoke program had 15 participants. Master Gardener, Nathan Brauner will present a program on how to garden in small spaces. The Virtual Reality volunteer operators/ board members met with County IT for refresher training. This program still needs more volunteers. There was a recommendation to consider offering certain programs with especially lower attendance at 11a.m. whenever possible, immediately after exercises. Hopefully this would persuade more folks to stay, and then they would not have to leave and then return for the program.

On April 19, an outing to Maymont in Richmond is scheduled. The cost is \$45 for a two-hour tour of the grounds and gardens. The mini-bus will stop in Williamsburg at the Chickahominy House for lunch on your own on the return from Richmond to the Center. There is also an outing to see a performance of "South Pacific" at the Ferguson Center on May 12. From May 17 to June 21, a weekly quilting class on Tuesdays from 1-3 p.m. is scheduled and will be taught by Julie Russell, an experienced instructor of beginning quilting. A "Paint Nite" will take place on June 15 from 5:30-7:30 p.m. with Kathy Wahl instructing. The painting theme will feature a 16x20 beach scene. An evening karaoke event is being planned for July 20 from 5:30 to 7:30 p.m. and on August 19 at 1 p.m. Illusionist John Kingry is conducting a Magic Show at the SCY.

C. Health Programs

Minnie Sippio is reporting today. The Matter of Balance workshop concluded their series with the initial 12 participants. A Diabetes Management workshop begins June 7 and will continue to have sessions on Tuesday afternoons through July 12. The Dining Club at the SCY is beginning to meet on Tuesday and Fridays. The program is encouraging new enrollment. Reiki continues to be very popular. The Health Fair on Wednesday, April 20 from 9-12 will include a snack bag and many relevant vendors. The Car Fit event is April 26 at the McReynolds Athletic Complex from 10 a.m.-1p.m. The Safety Summit is May 24 from 8 a.m. to 1p.m. at Northside Christian Church. The health awareness program, HEAL through Literacy for Life will be offered on Fridays from 10:30 a.m. to 12 p.m.

D. Peninsula Agency on Aging

The Dining Club at the SCY is scheduled to resume on April 19. New applications for this program are being accepted. The meal program will be conducted on Tuesdays and Fridays.

E. York County

Brian Fuller reporting. The County budget process is ongoing with public comments scheduled for Tuesday, April 19. Three major construction projects: the Yorktown Library, the Law Enforcement Center, and Fire Station #7 in upper York County are all progressing. COVID cases are lower. Parks and Recreation are to undergo staffing changes due to resignations of staff Bonnie Fitz and Shannon George in a month. Tracy Green also took another administrative position in a different

department, and she worked on the Senior Center newsletter. These positions will impact aspects of the Senior Center while we are in transition. Mr. Fuller and Sheri Newcomb will be assisting and reassessing needs.

6. Old Business

- A. The Virtual Reality program needs more volunteer operators and practice before opening to patrons.
- B. Board members committees' listings are being finalized.
- C. SCY outings: Maymont touring, South Pacific at the Ferguson Center, and the Washington D.C. trip is scheduled for June 1. Please encourage folks to register for this trip as we have a chartered bus.

7. New Business

- A. Betty Titus introduced a suggestion for a new program of learning more about self-defense for seniors. Other board members voiced their interests in this kind of training or workshops.
- B. The Tabb library partnership will assist seniors with their personal devices beginning in June.
- C. York County Camp & Activity Guide booklets are now available. Several center pages of the booklet are focused on spring/summer activities at the Senior Center.
- D. Parks and Recreation Resiliency Week is a series of various health and wellness programs designed for seniors and is being offered the first week in May. Check out the workshops, exercises and comedy program at the Senior Center; many of the activities are free.
- E. A SCY Picnic at the MAC is scheduled for Friday, May 20, from 11 a.m. to 1p.m.

8. Information Items

- A. There was a suggestion to consider shuffleboard at the McReynolds Athletic Complex.
- B. Lynne McMullen will follow-up with Tabb YMCA about advertising and our kiosks.
- C. Lynne McMullen will also follow-up about membership cards.

9. Announcements

- A. The next SCY Board meeting is Wednesday May 11, 2022. Erika Mitchell made a motion to adjourn the meeting at 11:10 a.m. and the motion was seconded by Carol Scott. All members were in favor.

W.W.A., Secretary

Buch Hall
Chairman