

SENIOR CENTER OF YORK (SCY)
Minutes of the Board Members Meeting
at The Senior Center of York
Wednesday, March 8, 2023
10:00 AM

1. Call to Order

10:05 the meeting was called to order by Chairperson, Buck Rodgers.

2. Roll Call

We did a visual scan of the members as confirmed by the sign in sheet.

Board members present: Cheryl Nelson Barnard, Lynda Bush, Viana Dail, Pinky Gill, Tom McNamara, Erika Mitchell, Buck Rodgers, Bob Santillan, Carol Scott, Cynthia Slominski, and Betty Titus.

OTHERS ATTENDING: Sheri Newcomb, Deputy Director of Community Services and Amy Rowley, Parks and Recreation Manager

Board members not present: Dee Davis, Brian Fuller, Bill Massey.

Staff members present: Lynne McMullen, Minnie Sippio

Staff members not present: Gerald Patesel

3. Approval of Minutes

Bob Santillan noted a correction that American Legion had not expressed an interest in working with the SCY concerning War Stories & Pizza. Also Betty Titus noted that the Honor Guard would have to cancel in the event of a funeral scheduled at the same time as their commitment at the SCY. A motion was made by Cheryl Barnard that the February minutes be approved with the corrections made. Viana Dail seconded the motion. All members approved.

4. Financial Reports for the Senior Center of York

Carol Scott reporting on the Treasurer's Report for February. Monthly expenditures were reported. Bob Santillan motioned to accept the February Treasurer's Report and Viana Dail seconded the motion. All board members were in favor of approval.

Carol Scott presented the Senior Center of York's 2023 budget for the calendar year. The budget is essentially the same as 2022. It was mentioned that the open house may not be conducted this year and that minor adjustments for cost increases were reflected in the 2023 budget. Betty Titus asked what the Langley Federal Credit Union (\$300.00) Donation was used for so that she could reflect this in her thank you letter to Langley. Lynne McMullen and Betty Titus will discuss this. Bob Santillan moved and Betty Titus seconded a motion to approve the 2023 calendar year budget. Motion carried unanimously.

5. Committee Reports

A. Center Facility Operations

Lynne McMullen reported that the bathroom wall in the dining area was repaired and the caulking around the sink was replaced. The bathroom in suite 4 was also repaired. Lynne continued by reporting that the carpets in the lobby area were professionally cleaned by Brooks and Brooks.

B. Center Programs

Buck Rodgers reported there were 1,108 patron visits during the month of February. Viana Dail reported that the Newcomer Coffee hour held on March 6th here had five attendees. Betty Titus is coordinating the Honor Guard presentation for the fifth of July. Lynne reported that the Culture Day for Teddy Roosevelt had 15 attendees and the Culture Day for Doris Miller had five attendees. The Elvis Birthday Bash is now scheduled for April 12th (midweek) to facilitate an easier commute from Virginia Beach for this entertainer.

C. Health Programs

Minnie Sippio reported that 19 folks attended the meet and greet with Sherriff Montgomery. There is a Diabetes self-management workshop March 7th thru April 11th in the afternoon with 16 participants currently enrolled. Several regular SCY folks were present at the PAA Forum on Aging held at the Hampton Convention Center last week. Three of the participants were transported to the convention center by Ms. Sippio. The Senior Health and Safety Fair is scheduled for Friday, April 14th from 9AM to 12PM. Currently there are 21 different organizations scheduled to participate. April 28th at 11AM Dawn Michelle with Choice Connections will present "Assisted Living: Weighing the Options." This discussion will include how to make the decision that best meets the individual needs and what needs to be considered when choosing a facility. The Hampton Roads Coalition of Agencies is facilitating the Annual Healthy Aging Conference titled "Resilient and Ready to Thrive" on April 20th at the King of Glory Lutheran Church on Longhill Road. Humorist Paul McGhee will be the keynote speaker. The Reiki sessions continue to be filled. Dining Club is averaging 12 people but currently we have 15 people participating. The month of May will be "Bring your Friend" month. Currently looking to schedule a basic Gun Safety presentation from the Sheriff's Office for some time late May. Also look for activities for Resilience Week the first week in May from Parks & Recreation and at the Senior Center.

D. Peninsula Agency on Aging

PAA not able to attend. – Written report was provided to all board members on the back of the Board Meeting Agenda. Highlights were provided by Minnie Sippio as reflected above.

E. York County

Sheri Newcomb and Amy Rowley reported that they met with the new YMCA director (Chris Sapp). Chris acknowledged that there used to be a Kiosk at the YMCA where the SCY was able to post the SCY schedule of events. He is making arrangements for the Center to be able to advertise, but in the meantime, we can put flyers on the counter. YMCA uses a digital application for registration.

Also the York County budget is to be submitted to the Board of Supervisors at the end of March. The York County Library will open in March. Discussions are underway to build a Dog Park in Wolftrap Park. Target date for completion is sometime in 2025.

Old Business

- A. AARP tax assistance is on-going. SCY office staff has been great in directing participants, fielding calls and assisting where they can.
- B. Valentine Bingo was well attended and supported by the volunteers from the SCY. JenCare provided numerous and very nice prizes!
- C. The Spring Tea is scheduled for April 25.th Lynne asked for volunteers and circulated a signup sheet. Lynne will try to get Winette Jeffrey to present a brief history of Teas again. Lynne will also talk with the schools and Carrot Tree about preparing sandwiches for the event; checking the prices for the best option. There was also discussion of SCY volunteers preparing the food.
- D. Lynne is still working to resurrect the Virtual Reality program.
- E. Lynne is still working on the upcoming outings to Fredericksburg on April 5th to see the Musical "Ragtime"; Temptations & Four Tops on April 13th; as well as the trip to Abington and Bristol, Virginia with James City County to see a presentation of "Footloose" June 6th and 7th.

6. New Business

- A. Ms. McMullen is continuing the planning of a trip to Smithfield on May 18th. Also exploring a possible visit to the Norfolk Botanical Gardens in May.
- B. A discussion was had about Tai Chi and if it would be feasible to offer it here.


Announcements

The next SCY Board meeting is April 12th, 2023 at 10 a.m. Bob Santillan made a motion to adjourn the meeting at 11:20 a.m. and the motion was seconded by Betty Titus. All members were in favor.

The minutes were reviewed and approved by:



Signature of SCY Board Chairperson



Signature of SCY Board Secretary