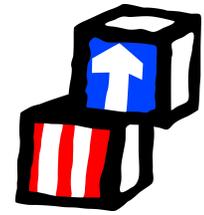


# York County Head Start 2013-2014 School Readiness Goals

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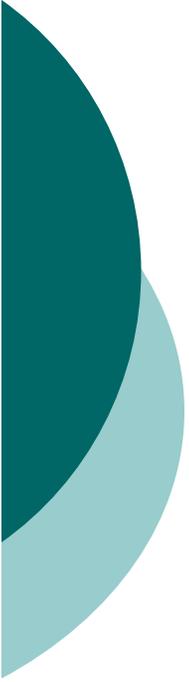




**School Readiness** is a partnership between families, communities, and schools to provide the necessary support, services, and environment to ensure all children begin school ready and eager to learn.

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- **Mission:** To develop partnerships that promote quality opportunities for children's educational readiness, at all levels of ability, and to foster success for families and staff.
- **Organizational Information:** When we think of the condition of our children as they enter school, we must consider children's development and learning in 5 areas: Health and Physical Development, Social and Emotional Development, Approaches Toward Learning Language Development and Communication, and Cognition and General Knowledge.



***Health and physical development*** includes children's physical development (for example, rate of growth), health status (for example, ability to see and hear), and physical abilities (for example, ability to move around the environment, assisted or unassisted). Children will increase physical development and health in the areas of physical well being, knowledge of healthy habits, gross motor and fine motor.

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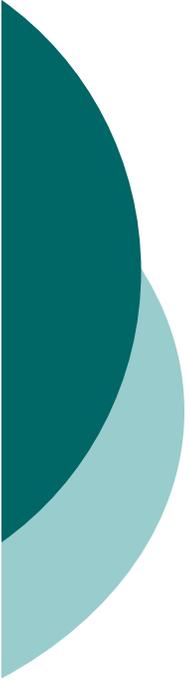
**Goals:**

Children will increase their large and small muscle skills and feel confident about what their bodies can do.

- Children will demonstrate increasing ability to manipulate a variety of objects requiring large and small muscle coordination.

**Measurements:**

- Kindergarten readiness skills (skills such as using eating utensils, buttons, writing tools, etc.)
- Early Childhood Framework
- Virginia's Foundation Blocks for Early Learning
- 2012-2013 Child Outcomes Data (#4,5,6,7)
- Teaching Strategies Gold Objective
  - #4 - Demonstrates traveling skills
  - #5 - Demonstrates balancing skills
  - #6 - Demonstrates gross-motor manipulative skills
  - #7 - Demonstrates fine-motor strength and coordination
    - (a) Uses fingers and hands
    - (b) Uses writing and drawing tools



## ***Health and Physical Development***

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### **Program Supports:**

- Parents getting their children to the doctor or dentist for preventive care
- Children and their families will demonstrate an understanding of healthy and safe habits by following basic health and safety practices, and by participating in their own preventive health care. At initial application and enrollment, to inform and/or receive a current dental screening, or help find a dental home for family and make an appointment.
- Provide daily lessons to implement gross and fine motor skills
- USDA Meals/Family Style Dining
- Monthly Cooking Experiences
- Cooking on a Budget Parent Training
- Health Skating Event
- I'm Moving, I'm Learning
- Color Me Healthy
- Classroom support with healthy habits and practices



***Social and emotional development*** includes children's feelings about themselves and others, ability to form relationships, interest in skills needed to maintain positive relationships with adults and children, ability to understand the perspective and feelings of others, and skills needed to get along well in a group setting (for example, conflict resolution skills).

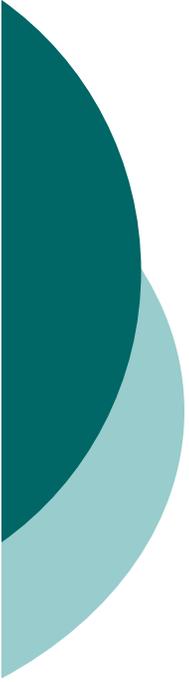
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**Goals:**

- Social: Children will feel comfortable in school, trust their new environment, make friends, and feel they are a part of the group.
- Emotional: To help children experience pride and self-confidence, develop independence and self-control, and to have a positive attitude toward life.
- Children will demonstrate increasing ability to identify, label, describe and manage their feelings.

**Measurements:**

- 2012-2013 Child Outcomes Data
- Early Childhood Framework
- Virginia's Foundation Blocks for Early Learning
- Identified Kindergarten skills (Social Skills – can the child interact peacefully with others)
- Teaching Strategies Gold Objective
  - #1 Regulates own emotions and behaviors
  - #2 Establishes and sustains positive relationships
  - #3 Participates cooperatively and constructively in group situations

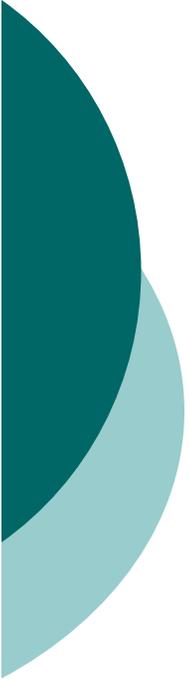


## ***Social and Emotional Development***

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### **Program Supports:**

- Al's Pal's lessons twice a week
- Here, Now & Down the road parent support
- Mental Health observations/support
- Parent volunteers in the classrooms
- Male Involvement
- Parent/teacher activities



***Approaches toward learning*** includes curiosity, enjoyment of learning, confidence, creativity, attention to task, reflection, and interests.

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**Goals:**

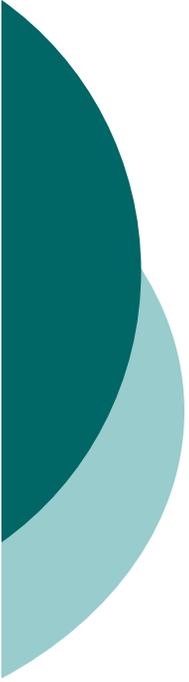
- To encourage children to be active and creative explorers who are not afraid to try out their ideas and to think their own thoughts
- Children will demonstrate increasing ability to notice observe attentively and seek relevant information about objects or circumstances including similarities/differences, noticing attributes, and examining with attention to detail.

**Measurements:**

- Early Childhood Framework
- Virginia's Foundation Blocks for Early Learning
- Teaching Strategies Gold Objective:
  - #22 Observes Objects and Events with Curiosity

**Program Supports:**

- Al's Pal's lessons twice a week
- Here, Now & Down the road parent support
- Mental Health observations/support
- Parent volunteers in the classrooms
- Parent/Teacher activity



***Language development and communication*** includes verbal and nonverbal skills to convey and understand others' meaning (for example, speaks clearly or uses a nonverbal system of communication) as well as early literacy skills (for example, aware of print, understands that writing means something). These skills and competencies apply to all languages; we should expect children who do not speak English in the home to demonstrate these skills in their primary language before they do so in English.

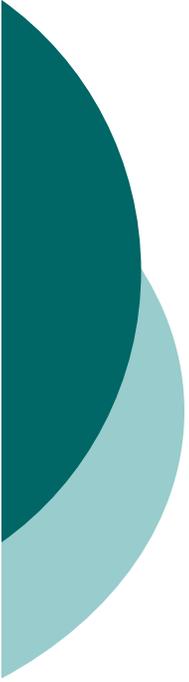
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## **Goals:**

- Children will improve their ability to write recognizable letters, especially those in their first name, and use letters that represent sounds when writing other words.

## **Measurements:**

- Early Childhood Framework
- Virginia's Foundation Blocks for Early Learning
- Identified Kindergarten readiness skills (Skills such as recognize and write first name; write or attempt easy words such as Mom, Dad, etc.)
- Teaching Strategies Gold Objective
  - #16 Demonstrates knowledge of the alphabet
  - #19 Demonstrates emergent writing skills



## ***Language Development and Communication***

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### **Program Supports:**

- Monthly Literacy packs
- Weekly RIF Reader Volunteers
- Parent Goal via monthly goal sheets co-created by parent/teacher at first Home visit
- Home visits & conferences
- Family Partnership Agreement
- Library book donation one a month
- Library tubs with theme related activities once a month
- Individual lessons/small group
- Kindergarten Readiness
- Policy Council
- Library tours and new library family membership
- Parent/Teacher activity
- Phonological Awareness Literacy Screening (PAL'S)



***Cognition and general knowledge*** includes basic knowledge about the world (for example, knows own name, knows basic science concepts) and other cognitive competencies like early mathematical skills (for example, knowledge of numbers, shapes, and simple patterns), and basic problem solving skills (for example, understanding of similarities and differences).

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**Goals:**

To help children become confident learners by letting them try out their own ideas and experience success, and by helping them acquire learning skills such as the ability to solve problems, ask questions, and use words to describe their ideas, observations, and feelings.

- Children will demonstrate increasing ability to count to 10, connecting number words and symbols to the objects counted, with the awareness that the last number describes the total

**Measurements:**

- Identified Kindergarten readiness skills (skills such as count objects to 10; count to 20)
- Early Childhood Framework
- Virginia's Foundation Blocks for Early Learning
- Teaching Strategies Gold Objective
  - #20 Uses number concepts & operations
  - #21 Explores & describes spatial relations & shapes
  - #22 Compares & measures
  - #23 Demonstrates knowledge of patterns

**Program Supports:**

- Parent Goal via monthly goal sheets co-created by parent/teacher at first home visit
- Growing Up Wild Lessons
- Brigance screening



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Williamsburg, Virginia 23185  
757-890-3888

Site Locations  
Griffin Yeates Center  
Yorktown Elementary School  
Bethel Manor Elementary School